Alberta Health Services

South Zone Midstream Urine (MSU) Collection - Male

How to prepare	 Wash hands thoroughly with soap and water. Remove lid from sterile container. Open the antiseptic towelettes and remove from package.
Risks or Cautions	• DO NOT touch the inside of the container or the lid.
Labelling the Sample	 Label the collection container with: Your (the patient) <u>full first and last name, date and time of collection, Provincial Health</u> <u>Insurance (PHN/ULI), or Government issued identification such as (Federal, Military, RCMP, Immigration, Passport #)</u> If you have been provided with a patient label, attach this label to the outside of the container. Incorrectly or incompletely labelled specimen may not be tested.
Lab Requisition	 Print the date/time the sample was collected on your lab requisition. Fold and place the requisition in the <u>outside</u> pocket of the biohazard bag. Do not put the requisition in the bag with the sample collection container.
Collecting the Sample	 Retract the foreskin (if not circumcised) and wipe penis with towelette provided wiping from urethral opening toward you. Repeat with second towelette. Allow to air dry completely before urinating (peeing). Do not wipe dry. Discard towelettes into garbage can, not into toilet. With foreskin retracted, urinate (pee) a small amount of urine into the toilet then, without stopping, urinate into the container. Fill container 1/3 full. Do not overfill the container. Finish urinating into the toilet. Firmly tighten the lid onto the container. Dry the outside of the container if it is wet. Wash hands thoroughly with soap and water after collection. Place container into biohazard bag. Refrigerate sample immediately after collection.
Sample Delivery to Lab	 If not in the laboratory when the sample is collected, return sample and requisition to the laboratory as soon as possible. If you cannot go to the laboratory immediately, keep the urine refrigerated. Sample MUST be returned to the laboratory the same day it is collected. Prolonged delays may affect the test results
Questions About Your Collection?	Lethbridge – (403) 388-6057 Medicine Hat – (403) 529-8919