


**South Zone Stool Collection –  
Culture, *Clostridium Difficile***

<b>How to Prepare</b>	<ul style="list-style-type: none"> <li>If you are required to collect more than one set of specimens, the laboratory will supply you with another set of containers when the first set of specimens are returned to the laboratory.</li> <li>Stool collection may require multiple vials per collection (specimen). The laboratory will supply you with the appropriate number of vials depending on your doctor's orders.</li> </ul>
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<b>Risks or Cautions</b>	<ul style="list-style-type: none"> <li><b>DO NOT</b> use a laxative, antibiotics, anti-diarrheal drugs or enemas before collecting stool specimen(s).</li> <li><b>DO NOT</b> let urine, water or other contaminants mix with the stool specimen.</li> <li><b>DO NOT</b> discard liquid in container or transfer liquid from one container to another.</li> <li><b>DO NOT</b> transfer specimens from one specimen container to another.</li> <li>Stool collected directly into diapers are not acceptable for testing. Line diaper with plastic wrap and collect sample from plastic wrap.</li> </ul> <table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="width: 20%;">Test</th> <th>Container Information</th> </tr> </thead> <tbody> <tr> <td>Culture</td> <td> <b>ENTERIC TRANSPORT – POISON – <u>Keep out of reach of children</u></b>  <b>DO NOT DRINK!</b>  <b>DO NOT</b> induce vomiting if accidental ingestion occurs                      If swallowed, please call: <b>POISON CONTROL 1-800-332-1414</b> </td> </tr> <tr> <td>Clostridium Difficile</td> <td>Sterile Container with no liquid</td> </tr> </tbody> </table>	Test	Container Information	Culture	<b>ENTERIC TRANSPORT – POISON – <u>Keep out of reach of children</u></b> <b>DO NOT DRINK!</b> <b>DO NOT</b> induce vomiting if accidental ingestion occurs If swallowed, please call: <b>POISON CONTROL 1-800-332-1414</b>	Clostridium Difficile	Sterile Container with no liquid
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<b>Labelling the Specimen</b>	<p>Label the collection container with the following information:</p> <ul style="list-style-type: none"> <li>Your (the patient) <b><u>full first and last name</u></b></li> <li><b><u>The date and time of specimen collection</u></b></li> <li>Your unique personal health number (PHN or ULI#) Alberta PHN is found on the Alberta Personal Health Card</li> </ul> <div style="text-align: right;">  </div> <p>If you do not have a PHN or ULI please ask your local laboratory for alternatives. Please note all specimens need 2 identifiers to be processed.</p>
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<b>Lab Requisition</b>	<ul style="list-style-type: none"> <li><b>Print</b> the date and time the sample was collected on your lab requisition.</li> <li><b>Fold</b> and place the requisition in the <b><u>outside</u></b> pocket of the plastic bag.</li> </ul>
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<b>Collecting the Specimen</b>	<ol style="list-style-type: none"> <li>Empty bladder</li> <li>Collect stool specimen into an empty, clean plastic container. Alternately, place a clean piece of aluminum foil or plastic wrap over the toilet bowl.</li> <li>Transfer stool specimen to containers starting with dry container:                     <p><b>Dry</b> container:</p> <ul style="list-style-type: none"> <li>Select areas of the stool that are especially bloody, watery or mucousy, and place into the container.</li> </ul> <p><b>Wet</b> container:</p> <ul style="list-style-type: none"> <li>Select areas of the stool that are especially bloody, watery or mucousy, and using the transfer device provided in collection container, place enough stool into the container until the liquid reaches the "Fill Line". <b>Do not</b> overfill container.</li> <li>Mash the specimen to help mix it with the fluid. Replace cap and <b>TIGHTEN</b>. Shake container until the specimen is mixed well.</li> </ul> </li> <li>Wash hands with soap and water after collection is complete. Place container(s) into biohazard bag.</li> </ol>
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<p><b>Specimen Delivery to Lab</b></p>	<ul style="list-style-type: none"> <li>• Return sample and requisition to the laboratory as soon as possible.</li> <li>• If unable to return sample to laboratory immediately, store sample:  <ul style="list-style-type: none"> <li>• Dry container – in the fridge</li> <li>• Wet container – at room temperature</li> </ul> </li> <li>• Sample(s) <b>MUST</b> be delivered to the laboratory the same day it is collected</li> <li>• Prolonged delays may affect the test results</li> </ul>
<p><b>Questions About Your Collection?</b></p>	<p>Lethbridge (403) 388-6057  Medicine Hat (403) 529-8919  Laboratory location, hours and contact information may be found at:</p> <ul style="list-style-type: none"> <li>• <a href="https://myhealth.alberta.ca">https://myhealth.alberta.ca</a></li> <li>• By calling Health Link Alberta at 811</li> </ul> 