

Memorial Services, Groups and Events

Pregnancy and Infant Loss Program

Memorial Services

Silent Hopes Memorial Service

- Service to honour pregnancy losses of **less than 20 weeks of gestation**. Service is held twice a year during the spring and fall. Registration and RSVP are required.
- 403-944-4460

Service of Remembrance

- Service to honour pregnancy losses of **20 weeks of gestation or more**. Service is held annually. Registration and RSVP are required.
- 403-944-4460

Groups

Bereaved Parents Group

- A 6-week closed support group offered twice a year for bereaved parents who have experienced a loss of pregnancy or infant. Registration is required.
- 403-944-8835

Caring Beyond

- Offers peer support to parents who have lost a baby due to miscarriage, stillbirth, neonatal death, and termination due to poor prenatal diagnosis. Meetings are held in Calgary (the 1st Wednesday of every month) and in Airdrie (the 3rd Wednesday of every month). No registration required.
- 403-944-2209 or go to www.facebook.com/CaringBeyond

Pregnancy After Loss Support (PALS)

- A community meet up support group for mothers who are pregnant after a loss.
- Go to <https://pregnancyafterlosssupport.com>

Infertility Support Group

- A support group providing education and support to couples who are dealing with infertility. Meetings are held on the first Monday of every month.
- Contact Tracy at 403-452-2445 or go to www.fertilitymatters.ca/events/

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Events

Walk to Remember

- The Calgary Walk to Remember is a fundraiser and family-oriented event that invites everyone to come together to honour and create awareness for pregnancy and infant loss. The walk is held in September.
- www.calgarywalktoremember.ca

Pregnancy & Infant Loss Remembrance Day

- October 15 is the international Pregnancy & Infant Loss Remembrance Day. Special events are organized across Canada to raise awareness for pregnancy and infant loss.
- www.october15.ca/

Wave of Light

- An international event that invites everyone to light a candle on October 15 at 7:00pm for one hour. Across the world, candles will light up one time zone after another, and create a wave of light to honour the Pregnancy & Infant Loss Remembrance Day.
- www.october15.ca/

Tiny Footprints Gala

- A celebratory gala and fundraiser to honour and create awareness for pregnancy and infant loss. The funds raised will support the Pregnancy & Infant Loss Program. The gala is held the closest Saturday to October 15.
- Tickets are available online at www.calgaryhealthtrust.ca/
- www.tinyfootprints.ca or <https://www.facebook.com/tinyfootprintsYYC/>

Candle Light Service

- An annual ceremony held the first Friday in December at the Alberta Children's Hospital to commemorate pregnancy and infant losses during the holiday season.
- 403-944-2209 or go to www.facebook.com/CaringBeyond