

Parkinson's Speech and Swallowing Disorders

This class is for adults living with Parkinson's, their families, and support persons.

Parkinson Disease can change how a person speaks and swallows over time. If you live with Parkinson Disease, or a Parkinson's Plus Syndrome, or support someone living with these conditions, this class is for you. A Speech Language Pathologist will talk about:

- What normal speech and swallowing looks like and how they change with Parkinson disease.
- When to see a Speech Language Pathologist to help diagnose and treat problems.
- Related treatment strategies and research.

Class Type	Date	Time	How to Register
Online	Wednesday, June 12	10:00 a.m. – 12:00 p.m.	Register online or call 1-844-527-1160 Hosted by Calgary Zone
	Wednesday, October 16	10:00 a.m. – 12:00 p.m.	

This class is offered in partnership with the <u>Parkinson Association of Alberta</u>. For more information and support about living with Parkinson Disease and Parkinson's Plus Syndrome, reach out to the <u>Parkinson Association of Alberta</u> or contact 1-800-561-1911.

These classes are for Albertans over the age of 18. Online classes are on Zoom and participants should have access to:

- A computer, tablet, or smartphone with a working camera and microphone;
- An internet connection; visit this webpage to learn how to join a Zoom class;
- A private space in Alberta while attending the class.

<u>Join our e-mail distribution list</u> to receive the newsletter and other updates for the Alberta Healthy Living Program – Calgary Zone.



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Parkinson Association of Alberta

Alberta Healthy Living Program