

Infant Scale: Measuring Weight

Birth to 24 Months of Age

Public Health Setting

STEP 1: Preparation

- Weigh infants birth to 8 weeks nude
- Weigh infants 2 to 24 months in a clean, dry diaper
- Place a paper barrier on the scale
- With the paper barrier in place, “zero” the scale

STEP 2: Weighing

- Place the infant in the middle of the scale; do not leave infant unattended



STEP 3: Read and record the measurement

- Read the measurement to the nearest 0.001 kg or 0.01 kg increment and record

STEP 4: Checking calibration

- Check with calibration weight monthly and record