

This pamphlet will help you get to know key things about your Cancer Centre. It is meant to be used with the **Newly Diagnosed with Cancer** book. Please bring the book with you to your appointment if you have one. If not, we will give you one at your first appointment.

You can access the book online at www.cancercontrolalberta.ca > Just Diagnosed.

Where do I park?



Parking Lots

Free, public parking is available in the lot in front of the hospital. Wheelchair accessible parking is available in this lot.

Drop Off and Pick Up

There is a drop off and pick up area at the front entrance.

What do I need to bring with me?

Find a checklist of items to bring in the **orange section** of the **Newly Diagnosed with Cancer** book.



Checking in for your first appointment



Enter the main doors of the hospital and continue straight down the main hallway. Take a slight left down to the Community Care wing. The Cancer Centre is the first door on the right hand side.

When you check in, we will give you a copy of the **Newly Diagnosed with Cancer** book, if you don't already have one.

The Team



We have 2 family doctors and 1 general practice cancer doctor (oncologist) who all have special oncology training. One of our doctors will see you the day before your treatment. Our treatment nurses, cancer patient navigator, allied health providers and staff are also here to support you. If you have any questions or concerns, just ask us!

Places to stay



Please ask your Bow Valley cancer care team for more information if you need accommodation.

Can I bring electronics?



Yes, you may bring your cell phone, laptop, tablet or other devices. Please be respectful and:

- Put your phone on vibrate
- Bring earphones for entertainment devices
- Network: Healthspot (no password required)



It's a good idea to bring something to read or do while you wait for your appointments.

Where can I get my prescriptions filled?



Your cancer treatment medications come from the Tom Baker Cancer Centre in Calgary. Support medication prescriptions (like anti-nausea medications) can be filled at your regular community retail pharmacy. Fill these before your appointment (unless you have been given other instructions by your health care team).

Connecting with programs and services virtually (Telehealth)



It may be possible to virtually join education sessions or connect with health care providers at other cancer centres. Ask your Bow Valley cancer care team for more information.

Where can I get my bloodwork drawn?



Where possible, we will ask you to have your bloodwork drawn at a lab nearest you. If you need to have bloodwork done while you are at the cancer centre, a lab is available on site.

Mon–Fri 8:00 am–5:00 pm	Main Floor	403-678-7217
Saturday 10:00 am–Noon		

Where can I eat?



Cafeteria (in Canmore Hospital)

\$	Debit and cash
📅	Daily 8:30 am–6:00 pm daily Hot meals: 11:00 am–1:30 pm
📍	Lower Level

- A vending machine is available on the 1st floor in the main lobby.
- Patients having treatment over the lunch hour can request a complimentary light lunch tray.
- Coffee, tea, juice, water and snacks are available in the cancer centre kitchenette.