



All Terrain Vehicle (ATV) Safety

August, 2022

All Terrain Vehicle (ATV) Safety

An ATV is also called a:

- quad
- quad bike
- four-wheeler



All Terrain Vehicle (ATV) Safety

An ATV is a vehicle with:

- low-pressure tires
- a seat that is straddled
- handlebars for steering



All Terrain Vehicle (ATV) Safety

An ATV does not have:

- seat belts
- a safety cage
- roll bars





ATV Safety

- ATVs are for adults
- ATV drivers should be 16 years or older
 - this includes 'child-sized' ATVs



ATV Injuries

In 2020:

- 1,407 Albertans 16 and under were treated in an emergency facility
- 124 Albertans 16 and under were admitted to hospital

Surveillance & Reporting, Alberta Health Services, 2022

ATV injuries can be fatal



ATV Safety

Children under 16 lack the:

- strength
- skills
- judgement

to safely control any size of
ATV

ATV Safety

- Most ATVs are designed for a single rider
- **No passengers** should ride on ATVs designed for a single rider





For riders over 16 and adults

- Wear safety gear
- Take training
- Plan ahead
- Stay in control



ATV Safety Gear

Helmet use reduces the risk of:

- ATV non-fatal head injuries by 64 per cent
- ATV death by 42 per cent

U.S. Consumer Product Safety Commission

ATV Safety Gear



Jacket



ATV or Motorcycle
Helmet



Goggles



Long Pants



Gloves



Boots





ATV Training

- Take an ATV course
- Practice safe driving skills
- Stay on flat ground or a gentle slope when learning



ATV Safety

Plan Ahead

- Drive during the day
- Stay on marked trails
- Avoid highways or paved roads
- Check the weather
- Watch for hikers, animals and other hazards



ATV Safety

Stay in Control

- Drive sober – NO alcohol or other drugs when riding
- Pay attention
- Don't carry or be a passenger



ATV Safety

For more information, visit:
[MyHealth.Alberta.ca](https://myhealth.alberta.ca)

- Then search 'ATV'