


Behaviour Mapping Chart

Affix patient label within this box

Date <i>(yyyy-MM-dd)</i>																				
Time	Obs.	Init	Obs.	Init	Obs.	Init	Obs.	Init	Obs.	Init	Obs.	Init	Obs.	Init	Obs.	Init	Obs.	Init	Obs.	
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EXAMPLE

Behaviour Mapping Process



Affix patient label within this box

Behaviour Mapping Chart

Date (YYYY-MM-DD)	Feb 19/17		Feb 20/17		Feb 21/17									
	Obs.	Init	Obs.	Init	Obs.	Init	Obs.	Init	Obs.	Init	Obs.	Init	Obs.	Init
00:00			S	DB	S	DB								
01:00			W	TS	S	TS								
02:00			AG	TS	S	TS								
03:00	AG	TS	SEN	TS	AG	TS								
04:00	W	TS	S	DB	S	DB								
05:00	S	TS	S	DB	S	DB								
06:00	S	DB	S	DB	S	DB								
07:00	S	ER	Q	CC										
08:00	Q	ER	Q	CC										
09:00	Q	ER	W	CC										
10:00	W	ER	Q	ER										
11:00	W	ER	Q	ER										
12:00	Q	ER	Q	ER										
13:00	Q	ER	Q	ER										
14:00	S	ER	Q	ER										
15:00	Q	ER	W	CC										
16:00	W	CC	W	CC										
17:00	W	CC	Q	CC										
18:00	Q	ER	W,Q	ER										
19:00	Q	CC	Q	CC										
20:00	W	ER	W,Q	CC										
21:00	S	ER	CC											
22:00	S	ER	Q	CC										
23:00	S	CC	S	CC										

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Activity Noted Legend:	
S: Sleeping	AF: Affect – anxious, paranoid, sad, depressed, happy, cooperative
Q: Quiet, Alert, Awake	W: Wandering – Elopement Risk, redirectable vs difficult to redirect
AG: Aggression (verbal, physical) – biting, spitting, kicking, hitting, yelling	H: Hypoactive behaviours – drowsy, quiet+++, somnolent, comatose
A: Agitation – removing clothes, refusing, resistive to care, calling out, inappropriate touching	SEN: Sensory – Hallucinations (visual/auditory), delusions, suspicious, picking
R: Restlessness	O: Other (any other behaviour you have noted that is specific to the patient)
SD: Sexual Disinhibition	

Multidisciplinary Progress Record

Focus Word: "BEHAVIOUR MAPPING"

A:

- Where did the behaviour occur? (Specific location)
- Who was present?

B:

- What behaviour was observed? (Be specific)
- What were they doing at the time?
- How long did it last?

C:

- Possible triggers?
- Unmet care needs (e.g. Comfort rounds – Pain, Positioning, Personal needs, Toileting)
- Staff response?
- Interventions?
- Patient response?
- Plan?

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