

# Dementia Advice

Available through Health Link



If you or someone you love is living with dementia, including Alzheimer's disease, a new service is available to answer your questions and provide advice. It's easy:

- 1** Call Health Link 24/7 by dialing 811.
- 2** Staff will assess your needs and provide advice immediately for your concerns.
- 3** When needed, you will be referred to a specialized dementia nurse for additional advice.

For more information on dementia and Alzheimer's disease visit [MyHealth.Alberta.ca](https://myhealth.alberta.ca).

