## Caregiver-centered Care for Family Caregivers of People with Dementia Midterm Update

The Governors of the University of Alberta created an initiative focused on educating the health workforce in Alberta to identify, engage, and support family caregivers of people with dementia. The goal is that caregiver-centered care education will equip healthcare providers to engage and communicate with family caregivers as partners in care, recognizing the caregivers' own needs, and assisting them in accessing services and supports.

## Midterm Milestones:

- Developed the education course curriculum. Family caregivers participated in all team
  meetings and were integral partners in the co-design of the education. They worked with
  other multi-level interdisciplinary stakeholders in the competency sub-groups on the
  module content and then on the video scripts.
- Completed filming of the videos at Grant McEwan University that include:
  - Six video modules that follow the Caregiver Centered Care Competency Framework
  - Interactive exercises between the modules that encourage reflection about the videos
- Initially planned for the education to be facilitated in person; however, COVID-19, funding from the Northern Alberta Academic Family Medicine fund helped put the educational videos online—caregivercare.ca.
  - The online education is free, it takes approximately an hour to complete, and participants receive a certificate upon completion.
  - Education online delivery started in November, 2020
  - Evaluating the impacts is ongoing
- Presentations of the online education program were conducted at peer-reviewed academic conferences and in health and community systems.
- It has been added to two professional college websites with more colleges coming online soon.
- Received national recognition the Canadian Fund for Healthcare Improvement (CFHI)
   Essential Together has recommended it as part of their staff learning bundles.
- The education is being advertised on social media Twitter, Facebook, LinkedIn and Instagram

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