

**RN/LPN Stroke Prevention Clinic Competency Checklist – April 16, 2014**

<b>Competency Area : Core Principles and Systems Awareness</b>  <i>(Competencies in italics are part of orientation)</i>	<b>Focus for Orientation</b>	<b>Focus for the Current Year</b>	<b>Resources and Knowledge Transfer tools</b>
<ul style="list-style-type: none"> <li>• <i>Aware of the Provincial Stroke System (e.g. Cardiovascular Health and Stroke SCN, Telestroke, TIA Hotline, Stroke Prevention Clinic locations)</i></li> <li>• <i>Aware of the role of a Comprehensive(Tertiary) and Primary Stroke Centre</i></li> <li>• <i>Aware of the stroke continuum of care and stroke services in your area</i></li> </ul>	<input type="checkbox"/> Met  Date: _____	<input type="checkbox"/> Met  <input type="checkbox"/> Active  <input type="checkbox"/> Out of scope	<input type="checkbox"/> Alberta Provincial Stroke Strategy (n.d.). Telestroke. Retrieved from <a href="http://www.strokestrategy.ab.ca/telestroke.html">http://www.strokestrategy.ab.ca/telestroke.html</a>  <input type="checkbox"/> Alberta Provincial Stroke Strategy (n.d.). Stroke Systems Maps. Retrieved from <a href="http://www.strokestrategy.ab.ca/system-maps.html">http://www.strokestrategy.ab.ca/system-maps.html</a>  <input type="checkbox"/> Alberta Health Services (n.d.). <i>Strategic Clinical Networks, Cardiovascular health and Stroke</i> . Retrieved June 24, 2013 from <a href="http://www.albertahealthservices.ca/7678.asp">http://www.albertahealthservices.ca/7678.asp</a>  <input type="checkbox"/> Stroke Prevention Clinic Locations: Alberta Provincial Stroke Strategy (n.d.). <i>Stroke Service Inventories</i> Retrieved July 4, 2013 from <a href="http://www.strokestrategy.ab.ca/stroke-programs.html">http://www.strokestrategy.ab.ca/stroke-programs.html</a>  <input type="checkbox"/> Alberta Healthy Living Program, North Zone <a href="http://www.albertahealthservices.ca/services.asp?pid=service&amp;rid=1027003">http://www.albertahealthservices.ca/services.asp?pid=service&amp;rid=1027003</a>  <input type="checkbox"/> Alberta Healthy Living Program, South zone) Building Healthy Lifestyles <a href="http://www.albertahealthservices.ca/services.asp?pid=service&amp;rid=1026154">http://www.albertahealthservices.ca/services.asp?pid=service&amp;rid=1026154</a>  <input type="checkbox"/> Stroke Rehabilitation Referral Process (Zone Specific)  <input type="checkbox"/> Other:

<ul style="list-style-type: none"> <li>• Knowledge of electronic charting or other shared information systems</li> </ul>	<input type="checkbox"/> Met Date: _____	<input type="checkbox"/> Met <input type="checkbox"/> Active <input type="checkbox"/> Out of scope	<input type="checkbox"/> MEDITECH (site specific): Alberta Health Services (n.d.). <i>MEDITECH Optimization Program</i> . Retrieved July 4, 2013 from <a href="http://insite.albertahealthservices.ca/3373.asp">http://insite.albertahealthservices.ca/3373.asp</a> <input type="checkbox"/> Netcare: Government of Alberta, Health and Wellness (n.d.). <i>Welcome to Alberta Netcare</i> . Retrieved July 4, 2013 from <a href="http://www.albertanetcare.ca/">http://www.albertanetcare.ca/</a> <input type="checkbox"/> MUSE <input type="checkbox"/> Stroke Prevention Clinic Database (zone specific) <input type="checkbox"/> Other:
<ul style="list-style-type: none"> <li>• Understand stroke journey from patient /family experience</li> <li>• Understand principles of patient/family centered care</li> </ul>		<input type="checkbox"/> Met <input type="checkbox"/> Active <input type="checkbox"/> Out of scope	<input type="checkbox"/> Canadian Stroke Strategy (updated 2011). <i>The Patient and Family Guide to Canadian Best Practice Recommendations for Stroke Care</i> . Retrieved (June 24, 2013) from <a href="http://www.strokebestpractices.ca/wp-content/uploads/2011/11/CSN_PatientsGuide2011_English_WEB11.pdf">http://www.strokebestpractices.ca/wp-content/uploads/2011/11/CSN_PatientsGuide2011_English_WEB11.pdf</a> <input type="checkbox"/> Canadian Stroke Strategy (2010). Supporting Families and Caregivers through Transitions of Care Following Stroke. <i>Canadian Best Practice Recommendations for Stroke Care, Section 6.1</i> <a href="http://www.strokebestpractices.ca/wp-content/uploads/2011/04/2010BPR_ENG.pdf">http://www.strokebestpractices.ca/wp-content/uploads/2011/04/2010BPR_ENG.pdf</a> <input type="checkbox"/> Registered Nurses Association of Ontario (2006, March). <i>Client Centred Care</i> . Retrieved from <a href="http://rno.ca/sites/rno-ca/files/storage/related/933_BPG_CCCare_Supplement.pdf">http://rno.ca/sites/rno-ca/files/storage/related/933_BPG_CCCare_Supplement.pdf</a> <input type="checkbox"/> Alberta Provincial Stroke Strategy (n.d.). Stroke Effects on the Individual, Family and Society. <i>In Alberta Health Services mylearninglink</i> . Retrieved from <a href="http://mylearninglink.albertahealthservices.ca/elearning/bins/index.asp">http://mylearninglink.albertahealthservices.ca/elearning/bins/index.asp</a> <input type="checkbox"/> Heart and Stroke Foundation of Ontario (2010). Caregiver Stress. <i>Tips and Tools for Everyday Living: A guide for stroke caregivers. Section 16</i> . Retrieved from <a href="http://www.heartandstroke.on.ca/atf/cf/%7B33C6FA68-B56B-4760-ABC6-D85B2D02EE71%7D/TipsandTools_E_Sect16.pdf">http://www.heartandstroke.on.ca/atf/cf/%7B33C6FA68-B56B-4760-ABC6-D85B2D02EE71%7D/TipsandTools_E_Sect16.pdf</a> <input type="checkbox"/> Other:

<ul style="list-style-type: none"> <li>• Explain the importance of interdisciplinary teams</li> </ul>		<input type="checkbox"/> Met <input type="checkbox"/> Active <input type="checkbox"/> Out of scope	<input type="checkbox"/> Alberta Provincial Stroke Strategy (2011, January). Brain Attack: Understanding and Managing Acute Stroke. <a href="http://www.strokestrategy.ab.ca/telehealth_presentations.html">http://www.strokestrategy.ab.ca/telehealth_presentations.html</a> <input type="checkbox"/> <i>Recommendations For Stroke Care, Fourth Edition, Section 3.0.</i> Retrieved from <a href="http://www.strokebestpractices.ca/index.php/hyperacute-stroke-management">http://www.strokebestpractices.ca/index.php/hyperacute-stroke-management</a> <input type="checkbox"/> Introductions-meet the interdisciplinary team working in the Stroke Prevention Clinic. <input type="checkbox"/> Other:
<ul style="list-style-type: none"> <li>• Aware of how to access best practices in stroke care and assist to implement them</li> </ul>		<input type="checkbox"/> Met <input type="checkbox"/> Active <input type="checkbox"/> Out of scope	<input type="checkbox"/> Canadian Stroke Strategy, <i>Canadian Best Practices for Stroke Care.</i> Retrieved from <a href="http://www.strokebestpractices.ca">www.strokebestpractices.ca</a> <input type="checkbox"/> Other:
<ul style="list-style-type: none"> <li>• Aware of Performance Indicators for monitoring quality of stroke service</li> </ul>		<input type="checkbox"/> Met <input type="checkbox"/> Active <input type="checkbox"/> Out of scope	<input type="checkbox"/> Stroke Dashboard – indicators specific to Stroke Prevention Clinic from database (discuss with manager) <input type="checkbox"/> Other:
<ul style="list-style-type: none"> <li>• Aware of opportunities for mentorship</li> </ul>		<input type="checkbox"/> Met <input type="checkbox"/> Active <input type="checkbox"/> Out of scope	<input type="checkbox"/> Edmonton Stroke Program 780-407-3041 <input type="checkbox"/> Calgary Stroke Program: Michael Suddes 403-944-1195 <input type="checkbox"/> Local Resources (consult with your manager) <input type="checkbox"/> Other:

Competency Area : Stroke and TIA Recognition and First Few Hours After Stroke		Focus for the Current Year	Resources
<ul style="list-style-type: none"> <li>• Knowledge of Acute Stroke Management               <ul style="list-style-type: none"> <li>○ Stroke as medical emergency</li> <li>○ Who to call</li> </ul> </li> </ul>	<input type="checkbox"/> Met Date: _____	<input type="checkbox"/> Met <input type="checkbox"/> Active <input type="checkbox"/> Out of scope	<input type="checkbox"/> Inpatient Stroke Algorithm/Guideline (site or zone specific) <input type="checkbox"/> Alberta Provincial Stroke Strategy (2011, January). Brain Attack: Understanding and Managing Acute Stroke. Retrieved from <a href="http://www.strokestrategy.ab.ca/telehealth_presentations.html">http://www.strokestrategy.ab.ca/telehealth_presentations.html</a> <input type="checkbox"/> Alberta Provincial Stroke Strategy (2010, January). <i>Emergency Management of Acute Stroke</i> . Retrieved from <a href="http://www.strokestrategy.ab.ca/pillar-recommendations.html">http://www.strokestrategy.ab.ca/pillar-recommendations.html</a> <input type="checkbox"/> Other:
<ul style="list-style-type: none"> <li>• Identify signs of stroke</li> </ul>	<input type="checkbox"/> Met Date: _____	<input type="checkbox"/> Met <input type="checkbox"/> Active <input type="checkbox"/> Out of scope	<input type="checkbox"/> Heart and Stroke Foundation of Alberta (2011, October). <i>Stroke warning signs</i> . Retrieved from <a href="http://www.heartandstroke.ab.ca/site/c.lqIRL1PJtH/b.3650857/k.773A/Stroke_Warning_Signs.htm">http://www.heartandstroke.ab.ca/site/c.lqIRL1PJtH/b.3650857/k.773A/Stroke_Warning_Signs.htm</a> <input type="checkbox"/> Alberta Provincial Stroke Strategy (n.d.). <i>Stroke in a box</i> . Retrieved July 4, 2013 from <a href="http://www.strokestrategy.ab.ca/health-care-providers-ed.html#ProEdRes">http://www.strokestrategy.ab.ca/health-care-providers-ed.html#ProEdRes</a> <input type="checkbox"/> Heart and Stroke Foundation of Ontario (2010). The Brain and Stroke. <i>Tips and Tools for Everyday Living: A guide for stroke caregivers. Section 1</i> . Retrieved from <a href="http://www.heartandstroke.on.ca/atf/cf/%7B33C6FA68-B56B-4760-ABC6-D85B2D02EE71%7D/TipsandTools_E_Sect1.pdf">http://www.heartandstroke.on.ca/atf/cf/%7B33C6FA68-B56B-4760-ABC6-D85B2D02EE71%7D/TipsandTools_E_Sect1.pdf</a> <input type="checkbox"/> Other:
<ul style="list-style-type: none"> <li>• Knowledge of TIA Management               <ul style="list-style-type: none"> <li>○ Risk stratification and referral</li> <li>○ Definition of TIA versus stroke</li> <li>○ Stroke Prevention Clinic Referral Process</li> </ul> </li> </ul>	<input type="checkbox"/> Met Date: _____	<input type="checkbox"/> Met <input type="checkbox"/> Active <input type="checkbox"/> Out of scope	<input type="checkbox"/> Alberta Provincial Stroke Strategy (n.d.). High Risk TIA: Identification and Management. <i>In Alberta Health Services mylearninglink</i> . Retrieved from <a href="http://mylearninglink.albertahealthservices.ca/elearning/bins/index.asp">http://mylearninglink.albertahealthservices.ca/elearning/bins/index.asp</a> or _____ <input type="checkbox"/> Alberta Provincial Stroke Strategy (2009, February). <i>Secondary Stroke Prevention</i> . Retrieved from <a href="http://www.strokestrategy.ab.ca/Secondary%20Stroke%20Prevention%20March0909%20Final.pdf">http://www.strokestrategy.ab.ca/Secondary%20Stroke%20Prevention%20March0909%20Final.pdf</a> <input type="checkbox"/> Alberta Provincial Stroke Strategy (updated 2010, May). Minor Stroke/ TIA Stroke Risk Assessment. Minor Stroke/ TIA Algorithm. Health Care Provider Education, Professional Education Resources. Retrieved from <a href="http://www.strokestrategy.ab.ca">http://www.strokestrategy.ab.ca</a>

			<ul style="list-style-type: none"> <li><input type="checkbox"/> Canadian Stroke Strategy (updated 2012, September). Stroke Prevention. <i>Canadian Best Practice Recommendations For Stroke Care, Fourth Edition, Chapter 2.0</i>. Retrieved from <a href="http://www.strokebestpractices.ca/wp-content/uploads/2012/10/20120BPR_Ch2_Prevention_Final-Version_20Sept-2012F-12.pdf">http://www.strokebestpractices.ca/wp-content/uploads/2012/10/20120BPR_Ch2_Prevention_Final-Version_20Sept-2012F-12.pdf</a></li> <li><input type="checkbox"/> Canadian Stroke Strategy (Updated 2013, May). Outpatient Management of TIA and Non Disabling Stroke. <i>Canadian Best Practice Recommendations For Stroke Care, Fourth Edition, Section 3.1</i>. Retrieved from <a href="http://www.strokebestpractices.ca/index.php/hyperacute-stroke-management/outpatient-management-of-transient-ischemic-attack-and-non-disabling-stroke">http://www.strokebestpractices.ca/index.php/hyperacute-stroke-management/outpatient-management-of-transient-ischemic-attack-and-non-disabling-stroke</a></li> <li><input type="checkbox"/> Canadian Stroke Network (2013). Prevention of Stroke Educational Slide Decks: Assessment of a patient with TIA or non-disabling stroke. Retrieved from <a href="http://www.strokebestpractices.ca/wp-content/uploads/2010/10/PreventionEducationalSlideDeck-EN.pdf">http://www.strokebestpractices.ca/wp-content/uploads/2010/10/PreventionEducationalSlideDeck-EN.pdf</a></li> <li><input type="checkbox"/> Stroke Prevention Clinic Referral Form (Zone Specific)</li> <li><input type="checkbox"/> Coutts, S. (2009, March). <i>TIA Hotline (ASPIRE Project) and TIA Management</i>. Retrieved July 4, 2013 from: <a href="http://www.strokestrategy.ab.ca/telehealth_presentations.html">http://www.strokestrategy.ab.ca/telehealth_presentations.html</a></li> <li><input type="checkbox"/> Referral to Zone specific chronic disease management clinic</li> <li><input type="checkbox"/> Other:</li> </ul>
<ul style="list-style-type: none"> <li>• Understand Basic Anatomy and Physiology of the Brain and Central Nervous System</li> </ul>		<ul style="list-style-type: none"> <li><input type="checkbox"/> Met</li> <li><input type="checkbox"/> Active</li> <li><input type="checkbox"/> Out of scope</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Apex Innovations (2013). Canadian Hemispheres™ Stroke Competency Series. Retrieved from <a href="http://www.apexinnovations.com/CanadianHemispheres.php">http://www.apexinnovations.com/CanadianHemispheres.php</a> (requires paid subscription)</li> <li><input type="checkbox"/> Alberta Provincial Stroke Strategy (2011, January). Brain Attack: Understanding and Managing Acute Stroke. Retrieved from <a href="http://www.strokestrategy.ab.ca/telehealth_presentations.html">http://www.strokestrategy.ab.ca/telehealth_presentations.html</a></li> <li><input type="checkbox"/> Alberta Provincial Stroke Strategy (n. d.). Stroke 101: The Basics. <i>In Alberta Health Services mylearninglink</i>. Retrieved from <a href="http://mylearninglink.albertahealthservices.ca/elearning/bins/index.asp">http://mylearninglink.albertahealthservices.ca/elearning/bins/index.asp</a> or _____</li> <li><input type="checkbox"/> Heart and Stroke Foundation of Canada (2007, February). <i>FAAFAST FAQs for Stroke Nurses</i>.</li> <li><input type="checkbox"/> Heart and Stroke Foundation of Ontario (2010). The Brain and Stroke. <i>Tips and Tools for Everyday Living: A guide</i></li> </ul>

			<p>for stroke caregivers. Section 1. Retrieved from <a href="http://www.heartandstroke.on.ca/atf/cf/%7B33C6FA68-B56B-4760-ABC6-D85B2D02EE71%7D/TipsandTools_E_Sect1.pdf">http://www.heartandstroke.on.ca/atf/cf/%7B33C6FA68-B56B-4760-ABC6-D85B2D02EE71%7D/TipsandTools_E_Sect1.pdf</a></p> <p><input type="checkbox"/> 3D Brain App <a href="https://itunes.apple.com/ca/app/3d-brain/id331399332?mt=8">https://itunes.apple.com/ca/app/3d-brain/id331399332?mt=8</a></p> <p><input type="checkbox"/> Other:</p>
<ul style="list-style-type: none"> <li>Know main types of stroke and investigations to determine cause</li> </ul>	<input type="checkbox"/> Met Date: _____	<input type="checkbox"/> Met <input type="checkbox"/> Active <input type="checkbox"/> Out of scope	<input type="checkbox"/> Alberta Provincial Stroke Strategy (2011, January). Brain Attack: Understanding and Managing Acute Stroke. Retrieved from <a href="http://www.strokestrategy.ab.ca/telehealth_presentations.html">http://www.strokestrategy.ab.ca/telehealth_presentations.html</a>
			<input type="checkbox"/> Apex Innovations (2013). Canadian Hemispheres™ Stroke Competency Series. Retrieved from <a href="http://www.apexinnovations.com/CanadianHemispheres.php">http://www.apexinnovations.com/CanadianHemispheres.php</a> (requires paid subscription)
			<input type="checkbox"/> Alberta Provincial Stroke Strategy (n. d.). Stroke 101: The Basics. In <i>Alberta Health Services mylearninglink</i> . Retrieved from <a href="http://mylearninglink.albertahealthservices.ca/elearning/bins/index.asp">http://mylearninglink.albertahealthservices.ca/elearning/bins/index.asp</a> or _____
			<input type="checkbox"/> Heart and Stroke Foundation of Ontario (2010). The Brain and Stroke. <i>Tips and Tools for Everyday Living: A guide for stroke caregivers. Section 1</i> . Retrieved from <a href="http://www.heartandstroke.on.ca/atf/cf/%7B33C6FA68-B56B-4760-ABC6-D85B2D02EE71%7D/TipsandTools_E_Sect1.pdf">http://www.heartandstroke.on.ca/atf/cf/%7B33C6FA68-B56B-4760-ABC6-D85B2D02EE71%7D/TipsandTools_E_Sect1.pdf</a>
			<input type="checkbox"/> Canadian Stroke Network (2013). Prevention of Stroke Educational Slide Decks: Assessment of a patient with TIA or non-disabling stroke. Retrieved from <a href="http://www.strokebestpractices.ca/wp-content/uploads/2010/10/PreventionEducationalSlideDeck-EN.pdf">http://www.strokebestpractices.ca/wp-content/uploads/2010/10/PreventionEducationalSlideDeck-EN.pdf</a>
			<input type="checkbox"/> Other:
<ul style="list-style-type: none"> <li>Completes basic neurological assessment (eg. Modified Rankin Scale)</li> </ul>	<input type="checkbox"/> Met Date: _____	<input type="checkbox"/> Met <input type="checkbox"/> Active <input type="checkbox"/> Out of scope	<input type="checkbox"/> Canadian Stroke Network. Stroke Nursing Training Modules, Stroke Training Module 2. <a href="http://www.canadianstrokenetwork.ca/index.php/tools/stroke-nursing-training-modules/">http://www.canadianstrokenetwork.ca/index.php/tools/stroke-nursing-training-modules/</a>
			<input type="checkbox"/> Modified Rankin Scale Training Module. <a href="http://trials-rankin.trainingcampus.net/uas/modules/trees/windex.aspx">http://trials-rankin.trainingcampus.net/uas/modules/trees/windex.aspx</a>
			<input type="checkbox"/> Other:
Understand the importance of timely neurovascular	<input type="checkbox"/> Met	<input type="checkbox"/> Met	<input type="checkbox"/> Canadian Stroke Strategy (Updated 2013, May). Hyperacute Stroke Care. <i>Canadian Best Practice Recommendations For Stroke Care, Fourth Edition, Section 3.0</i> . retrieved from

imaging	Date: _____	<input type="checkbox"/> Active <input type="checkbox"/> Out of scope	<a href="http://www.strokebestpractices.ca/index.php/hyperacute-stroke-management">http://www.strokebestpractices.ca/index.php/hyperacute-stroke-management</a> <input type="checkbox"/> Acute Stroke Case Rounds, <a href="http://www.canadianstrokenetwork.ca/index.php/tools/acute-stroke-case-rounds/">http://www.canadianstrokenetwork.ca/index.php/tools/acute-stroke-case-rounds/</a> <input type="checkbox"/> Alberta Provincial Stroke Strategy (2009, February). <i>Secondary Stroke Prevention</i> . Retrieved from <a href="http://www.strokestrategy.ab.ca/Secondary%20Stroke%20Prevention%20March0909%20Final.pdf">http://www.strokestrategy.ab.ca/Secondary%20Stroke%20Prevention%20March0909%20Final.pdf</a> <input type="checkbox"/> Other:
Understand the benefits of stroke neurologist consult	<input type="checkbox"/> Met Date: _____	<input type="checkbox"/> Met <input type="checkbox"/> Active <input type="checkbox"/> Out of scope	<input type="checkbox"/> Alberta Provincial Stroke Strategy (2010, January). <i>Emergency Management of Acute Stroke</i> . Retrieved from <a href="http://www.strokestrategy.ab.ca/pillar-recommendations.html">http://www.strokestrategy.ab.ca/pillar-recommendations.html</a> <input type="checkbox"/> Alberta Provincial Stroke Strategy (2009, February). <i>Secondary Stroke Prevention</i> . Retrieved from <a href="http://www.strokestrategy.ab.ca/Secondary%20Stroke%20Prevention%20March0909%20Final.pdf">http://www.strokestrategy.ab.ca/Secondary%20Stroke%20Prevention%20March0909%20Final.pdf</a> <input type="checkbox"/> Other:
<ul style="list-style-type: none"> <li>Explain use of tPA &lt;4.5 hrs from symptom onset</li> </ul>	<input type="checkbox"/> Met Date: _____	<input type="checkbox"/> Met <input type="checkbox"/> Active <input type="checkbox"/> Out of scope	<input type="checkbox"/> Alberta Provincial Stroke Strategy (2010, January). <i>Emergency Management of Acute Stroke</i> . Retrieved from <a href="http://www.strokestrategy.ab.ca/pillar-recommendations.html">http://www.strokestrategy.ab.ca/pillar-recommendations.html</a> <input type="checkbox"/> Canadian Stroke Strategy (updated 2013.) Acute Thrombolytic Therapy. <i>Canadian Best Practice Recommendations for Stroke Care, section 3.4</i> . Retrieved from <a href="http://www.strokebestpractices.ca/index.php/hyperacute-stroke-management/acute-thrombolytic-therapy-2">http://www.strokebestpractices.ca/index.php/hyperacute-stroke-management/acute-thrombolytic-therapy-2</a> <input type="checkbox"/> Other:
<ul style="list-style-type: none"> <li>Use Telehealth equipment for stroke consultation ie for stroke prevention clinic with rural sites</li> </ul>		<input type="checkbox"/> Met <input type="checkbox"/> Active <input type="checkbox"/> Out of scope	<input type="checkbox"/> Telehealth instruction sheets (zone specific) <input type="checkbox"/> Practice making a test connection <input type="checkbox"/> Other:

<ul style="list-style-type: none"> <li>• Knowledge of conditions that mimic stroke</li> </ul>		<input type="checkbox"/> Met <input type="checkbox"/> Active <input type="checkbox"/> Out of scope	<input type="checkbox"/> Alberta Provincial Stroke Strategy. TIA and Stroke Mimics-“Spells”. Powerpoint presentation by Shelagh Coutts, MD. Retrieved from <a href="http://www.strokestrategy.ab.ca/telehealth_presentations.html">http://www.strokestrategy.ab.ca/telehealth_presentations.html</a> <input type="checkbox"/> **** Canadian Stroke Network. Stroke Nursing Training Modules, Stroke Training Module 1. <a href="http://www.canadianstrokenetwork.ca/index.php/tools/stroke-nursing-training-modules/">http://www.canadianstrokenetwork.ca/index.php/tools/stroke-nursing-training-modules/</a> *****? CSN slide deck <input type="checkbox"/> Other:
<ul style="list-style-type: none"> <li>• Identify common effects of stroke</li> </ul>		<input type="checkbox"/> Met <input type="checkbox"/> Active <input type="checkbox"/> Out of scope	<input type="checkbox"/> Alberta Provincial Stroke Strategy (n. d.). Stroke 101: The Basics. <i>In Alberta Health Services mylearninglink</i> . Retrieved from <a href="http://mylearninglink.albertahealthservices.ca/elearning/bins/index.asp">http://mylearninglink.albertahealthservices.ca/elearning/bins/index.asp</a> or____ <input type="checkbox"/> Heart and Stroke Foundation of Ontario (2010). The Brain and Stroke. <i>Tips and Tools for Everyday Living: A guide for stroke caregivers. Section 1</i> . Retrieved from <a href="http://www.heartandstroke.on.ca/atf/cf/%7B33C6FA68-B56B-4760-ABC6-D85B2D02EE71%7D/TipsandTools_E_Sect1.pdf">http://www.heartandstroke.on.ca/atf/cf/%7B33C6FA68-B56B-4760-ABC6-D85B2D02EE71%7D/TipsandTools_E_Sect1.pdf</a> <input type="checkbox"/> Other:
<ul style="list-style-type: none"> <li>• Understand the importance of assessing for cardiac involvement (example atrial fibrillation, patent foramen ovale...)</li> </ul>	<input type="checkbox"/> Met Date: _____	<input type="checkbox"/> Met <input type="checkbox"/> Active <input type="checkbox"/> Out of scope	<input type="checkbox"/> Alberta Provincial Stroke Strategy (n.d.). <i>Preventing Complications of Stroke</i> . Retrieved from <a href="http://mylearninglink.albertahealthservices.ca/elearning/bins/index.asp">http://mylearninglink.albertahealthservices.ca/elearning/bins/index.asp</a> or____ <input type="checkbox"/> Canadian Stroke Network (2013). Prevention of Stroke Educational Slide Decks: Assessment of a patient with TIA or non-disabling stroke. Retrieved from <a href="http://www.strokebestpractices.ca/wp-content/uploads/2010/10/PreventionEducationalSlideDeck-EN.pdf">http://www.strokebestpractices.ca/wp-content/uploads/2010/10/PreventionEducationalSlideDeck-EN.pdf</a> <input type="checkbox"/> Canadian Cardiovascular Society (2012). Atrial Fibrillation Guidelines Pocket Reference Booklet. Retrieved from <a href="http://www.ccsguidelineprograms.ca/pocket_card/2012_Afib_PG/AtFib_PG_Flipbook/index.html">http://www.ccsguidelineprograms.ca/pocket_card/2012_Afib_PG/AtFib_PG_Flipbook/index.html</a> <input type="checkbox"/> Alberta Provincial Stroke Strategy (2009, February). <i>Secondary Stroke Prevention</i> . Retrieved from <a href="http://www.strokestrategy.ab.ca/Secondary%20Stroke%20Prevention%20March0909%20Final.pdf">http://www.strokestrategy.ab.ca/Secondary%20Stroke%20Prevention%20March0909%20Final.pdf</a>



			<input type="checkbox"/> Other:
<ul style="list-style-type: none"> <li>• Can demonstrate appropriate technique for application of Holter or cardiac event monitor</li> <li>• Counsels patient appropriately on their responsibilities</li> </ul>		<input type="checkbox"/> Met <input type="checkbox"/> Active <input type="checkbox"/> Out of scope	<input type="checkbox"/> Local resources and patient instruction sheets <input type="checkbox"/> Other:
<ul style="list-style-type: none"> <li>• <i>Understand the importance of assessing and managing blood glucose levels</i></li> </ul>	<input type="checkbox"/> Met Date: _____	<input type="checkbox"/> Met <input type="checkbox"/> Active <input type="checkbox"/> Out of scope	<input type="checkbox"/> Alberta Provincial Stroke Strategy (2009, February). <i>Secondary Stroke Prevention</i> . Retrieved from <a href="http://www.strokestrategy.ab.ca/Secondary%20Stroke%20Prevention%20March0909%20Final.pdf">http://www.strokestrategy.ab.ca/Secondary%20Stroke%20Prevention%20March0909%20Final.pdf</a> <input type="checkbox"/> Other:
<ul style="list-style-type: none"> <li>• Aware of advanced interventions for acute stroke</li> </ul>		<input type="checkbox"/> Met <input type="checkbox"/> Active <input type="checkbox"/> Out of scope	<input type="checkbox"/> Marc Ribo, Carlos A. Molina, Brian Jankowitz, Alejandro Tomasello, Syed Zaidi, Mouhammad Jumaa, Pilar Coscojuela, Jennifer Oakley, Jose Alvarez-Sabin, Tudor Jovin (May 28, 2013). Stentriever versus other endovascular treatment methods for acute stroke: comparison of procedural results and their relationship to outcomes, Original Research. <i>The Journal of the Society of Neurointerventional Surgery</i> . Retrieved from <a href="http://jn.is.bmj.com/content/early/2013/05/27/neurintsurg-2013-010748.abstract">http://jn.is.bmj.com/content/early/2013/05/27/neurintsurg-2013-010748.abstract</a> <input type="checkbox"/> Jeffry L Saver (updated Sept 18, 2012) Thrombolytic Therapy in Stroke, Clinical Trials. <i>Medscape.com</i> . Retrieved from <a href="http://emedicine.medscape.com/article/1160840-overview#aw2aab6b3">http://emedicine.medscape.com/article/1160840-overview#aw2aab6b3</a> <input type="checkbox"/> Canadian Stroke Strategy (updated 2013.) Acute Thrombolytic Therapy. <i>Canadian Best Practice Recommendations for Stroke Care, section 3.4</i> . Retrieved from <a href="http://www.strokebestpractices.ca/index.php/hyperacute-stroke-management/acute-thrombolytic-therapy-2">http://www.strokebestpractices.ca/index.php/hyperacute-stroke-management/acute-thrombolytic-therapy-2</a> <input type="checkbox"/> Other:

Competency Area: Preventing Complications		Focus for the Current Year	Resources
<ul style="list-style-type: none"> <li>Explain potential complications and management to prevent complications</li> </ul>		<input type="checkbox"/> Met <input type="checkbox"/> Active <input type="checkbox"/> Out of scope	<input type="checkbox"/> Alberta Provincial Stroke Strategy (n. d.). Stroke 101: The Basics. <i>In Alberta Health Services mylearninglink</i> . Retrieved from <a href="http://mylearninglink.albertahealthservices.ca/elearning/bins/index.asp">http://mylearninglink.albertahealthservices.ca/elearning/bins/index.asp</a> <input type="checkbox"/> Alberta Provincial Stroke Strategy (n.d.). Preventing Complications of Stroke. <i>In Alberta Health Services mylearninglink</i> . Retrieved from <a href="http://mylearninglink.albertahealthservices.ca/elearning/bins/index.asp">http://mylearninglink.albertahealthservices.ca/elearning/bins/index.asp</a> <input type="checkbox"/> Canadian Stroke Strategy (update 2013, May). Prevention and Management of Complications Following Acute Stroke or TIA. <i>Canadians Best Practice Recommendations for Stroke Care, section 4.2</i> . Retrieved from <a href="http://www.strokebestpractices.ca/index.php/acute-stroke-management/inpatient-management-and-prevention-of-complications-following-acute-stroke-or-tia">http://www.strokebestpractices.ca/index.php/acute-stroke-management/inpatient-management-and-prevention-of-complications-following-acute-stroke-or-tia</a> <input type="checkbox"/> Other:
<ul style="list-style-type: none"> <li>Explain importance of referrals for dysphagia assessment and management</li> </ul>	<input type="checkbox"/> Met Date: _____	<input type="checkbox"/> Met <input type="checkbox"/> Active <input type="checkbox"/> Out of scope	<input type="checkbox"/> Canadian Stroke Strategy (updated 2013, May). Complications following Acute Stroke or TIA, Nutrition and Dysphagia . <i>Canadian Best Practice Recommendations for Stroke Care section 4.2.6</i> . Retrieved from <a href="http://www.strokebestpractices.ca/index.php/acute-stroke-management/inpatient-management-and-prevention-of-complications-following-acute-stroke-or-tia">http://www.strokebestpractices.ca/index.php/acute-stroke-management/inpatient-management-and-prevention-of-complications-following-acute-stroke-or-tia</a> <input type="checkbox"/> Heart and Stroke Foundation of Ontario (2006). Dysphagia in Acute Stroke: An Educational Manual for the Dysphagia Screening Professional. Retrieved from: <a href="http://www.heartandstroke.on.ca/atf/cf/%7B33C6FA68-B56B-4760-ABC6-D85B2D02EE71%7D/Dysphagia_Manual_FINAL_20060123.pdf">http://www.heartandstroke.on.ca/atf/cf/%7B33C6FA68-B56B-4760-ABC6-D85B2D02EE71%7D/Dysphagia_Manual_FINAL_20060123.pdf</a> <input type="checkbox"/> Heart and Stroke Foundation of Canada (2007, February). FAAAST FAQs for Stroke Nurses, <input type="checkbox"/> Other:

Competency Area: Optimizing Recovery and Rehabilitation		Focus for the Current Year	Resources
<ul style="list-style-type: none"> <li>Aware of importance of early rehabilitation referral and assesment.</li> <li>Knowledge of discipline specific allied health roles</li> </ul>		<input type="checkbox"/> Met <input type="checkbox"/> Active <input type="checkbox"/> Out of scope	<input type="checkbox"/> Canadian Stroke Strategy (updated 2013, May). Complications Following Acute Stroke or TIA, Mobilization. <i>Canadian Best Practice Recommendations for Stroke Care Section 4.2.4</i> . Retrieved from <a href="http://www.strokebestpractices.ca/index.php/acute-stroke-management/inpatient-management-and-prevention-of-complications-following-acute-stroke-or-tia">http://www.strokebestpractices.ca/index.php/acute-stroke-management/inpatient-management-and-prevention-of-complications-following-acute-stroke-or-tia</a> <input type="checkbox"/> Heart and Stroke Foundation of Ontario (n.d.). The Interprofessional Care Team and You. <i>Tips and Tools for Everyday Living: a guide for stroke caregivers, section 2</i> . Retrieved from <a href="http://www.heartandstroke.on.ca/atf/cf/%7B33C6FA68-B56B-4760-ABC6-D85B2D02EE71%7D/TipsandTools_E_Sect2.pdf">http://www.heartandstroke.on.ca/atf/cf/%7B33C6FA68-B56B-4760-ABC6-D85B2D02EE71%7D/TipsandTools_E_Sect2.pdf</a> <input type="checkbox"/> Other:
<ul style="list-style-type: none"> <li>Aware of importance of depression screening and early referral</li> </ul>		<input type="checkbox"/> Met <input type="checkbox"/> Active <input type="checkbox"/> Out of scope	<input type="checkbox"/> Referral Form for discipline responsible for depression screen <input type="checkbox"/> Heart and Stroke Foundation of Ontario (n.d.). Stroke and Depression. <i>Tips and Tools for Everyday Living: a guide for stroke caregivers, section 7</i> . Retrieved from <a href="http://www.heartandstroke.on.ca/atf/cf/%7B33C6FA68-B56B-4760-ABC6-D85B2D02EE71%7D/TipsandTools_E_Sect7.pdf">http://www.heartandstroke.on.ca/atf/cf/%7B33C6FA68-B56B-4760-ABC6-D85B2D02EE71%7D/TipsandTools_E_Sect7.pdf</a> <input type="checkbox"/> Depression Screen (zone or site specific) <input type="checkbox"/> Canadian Stroke Strategy, (2013, May) Mood and Cognition. <i>Canadian Best Practice Recommendations for Stroke Care, Section 7.0</i> . Retrieved from <a href="http://www.strokebestpractices.ca/index.php/cognition-mood/">http://www.strokebestpractices.ca/index.php/cognition-mood/</a> <input type="checkbox"/> Other:
<ul style="list-style-type: none"> <li>Understand basic cognitive, perceptual and visual impairments</li> </ul>		<input type="checkbox"/> Met <input type="checkbox"/> Active <input type="checkbox"/> Out of	<input type="checkbox"/> Heart and Stroke Foundation of Ontario (n.d.). Cognition. <i>Tips and Tools for Everyday Living: a guide for stroke caregivers, section 5</i> . Retrieved from <a href="http://www.heartandstroke.on.ca/atf/cf/%7B33C6FA68-B56B-4760-ABC6-D85B2D02EE71%7D/TipsandTools_E_Sect5.pdf">http://www.heartandstroke.on.ca/atf/cf/%7B33C6FA68-B56B-4760-ABC6-D85B2D02EE71%7D/TipsandTools_E_Sect5.pdf</a> <input type="checkbox"/> Heart and Stroke Foundation of Ontario (n.d.). Perception. <i>Tips and Tools for Everyday Living: a guide for stroke</i>

		scope	<p><i>caregivers, section 6.</i> Retrieved from <a href="http://www.heartandstroke.on.ca/atf/cf/{33C6FA68-B56B-4760-ABC6-D85B2D02EE71}/TipsandTools_E_Sect6.pdf">http://www.heartandstroke.on.ca/atf/cf/{33C6FA68-B56B-4760-ABC6-D85B2D02EE71}/TipsandTools_E_Sect6.pdf</a></p> <p><input type="checkbox"/> Alberta Provincial Stroke Strategy (n. d.). Functional Impairments of Stroke. <i>In Alberta Health Services mylearninglink.</i> Retrieved from <a href="http://mylearninglink.albertahealthservices.ca/elearning/bins/index.asp">http://mylearninglink.albertahealthservices.ca/elearning/bins/index.asp</a></p> <p><input type="checkbox"/> Other:</p>
<ul style="list-style-type: none"> <li>• <i>Understand how stroke/TIA can affect the ability to drive safely</i></li> </ul>	<input type="checkbox"/> Met Date: _____	<input type="checkbox"/> Met <input type="checkbox"/> Active <input type="checkbox"/> Out of scope	<input type="checkbox"/> Alberta Provincial Stroke Strategy (2011, January). Driving and Stroke. Powerpoint presentation. Retrieved from <a href="http://www.strokestrategy.ab.ca/telehealth_presentations.html">http://www.strokestrategy.ab.ca/telehealth_presentations.html</a>
<ul style="list-style-type: none"> <li>• Understand communication impairments, strategies and aids</li> </ul>		<input type="checkbox"/> Met <input type="checkbox"/> Active <input type="checkbox"/> Out of scope	<input type="checkbox"/> Heart and Stroke Foundation of Ontario (n.d.). Communication. <i>Tips and Tools for Everyday Living: a guide for stroke caregivers, Section 3.</i> Retrieved from <a href="http://www.heartandstroke.on.ca/atf/cf/{33C6FA68-B56B-4760-ABC6-D85B2D02EE71}/TipsandTools_E_Sect3.pdf">http://www.heartandstroke.on.ca/atf/cf/{33C6FA68-B56B-4760-ABC6-D85B2D02EE71}/TipsandTools_E_Sect3.pdf</a>
<b>Competency Area : Patient and Family Education and Support</b>		<b>Focus for the Current Year</b>	<b>Resources</b>
<ul style="list-style-type: none"> <li>• <i>Aware of patient education resources and programs for stroke and TIA</i></li> </ul>	<input type="checkbox"/> Met Date: _____	<input type="checkbox"/> Met <input type="checkbox"/> Active <input type="checkbox"/> Out of	<input type="checkbox"/> Heart and Stroke Foundation of Canada (2005). <i>Let's Talk About Stroke. An Information guide for survivors and Their Families.</i> Retrieved from <a href="http://www.heartandstroke.com/site/c.ikiQLcMWJtE/b.3882223/k.3FC6/Stroke_Lets_Talk_about_Stroke.htm">http://www.heartandstroke.com/site/c.ikiQLcMWJtE/b.3882223/k.3FC6/Stroke_Lets_Talk_about_Stroke.htm</a>
			<input type="checkbox"/> Heart and Stroke Foundation (n.d.). <i>You've Had a TIA. Learn how to prevent another one.</i>

		scope	<input type="checkbox"/> Canadian Stroke Strategy (updated 2011). <i>The Patient and Family Guide to Canadian Best Practice Recommendations for Stroke Care</i> . Retrieved (June 24, 2013) from <a href="http://www.strokebestpractices.ca/wp-content/uploads/2011/11/CSN_PatientsGuide2011_English_WEB11.pdf">http://www.strokebestpractices.ca/wp-content/uploads/2011/11/CSN_PatientsGuide2011_English_WEB11.pdf</a> <input type="checkbox"/> Alberta Health Services Calgary Zone – Patient and Family Passport for Stroke (Calgary Area) <input type="checkbox"/> Heart and Stroke Foundation (2012) <i>Speaking from experience</i> . (DVD) Retrieved from: <a href="http://www.heartandstroke.com/site/c.ikiQLcMWJtE/b.8073187/k.B37B/Video_stories_How_to_Use_this_series.htm">http://www.heartandstroke.com/site/c.ikiQLcMWJtE/b.8073187/k.B37B/Video_stories_How_to_Use_this_series.htm</a> <input type="checkbox"/> Stroke Education Limited (n.d) <i>Stroke prevention and recovery video guide</i> . Available from: <a href="http://www.stroke-education.com/">http://www.stroke-education.com/</a> <input type="checkbox"/> Other:
<ul style="list-style-type: none"> <li>Aware of considerations for diverse populations and available resources</li> </ul>		<input type="checkbox"/> Met <input type="checkbox"/> Active <input type="checkbox"/> Out of scope	<input type="checkbox"/> Heart and Stroke Foundation, Health Information Catalogue <a href="http://www.heartandstroke.on.ca/atf/cf/%7B33C6FA68-B56B-4760-ABC6-D85B2D02EE71%7D/349_HealthInfoRes_06.11_FINAL-LR.pdf">http://www.heartandstroke.on.ca/atf/cf/%7B33C6FA68-B56B-4760-ABC6-D85B2D02EE71%7D/349_HealthInfoRes_06.11_FINAL-LR.pdf</a> <input type="checkbox"/> Heart and Stroke Foundation, Multicultural Resources <a href="http://www.heartandstroke.com/site/c.ikiQLcMWJtE/b.3479037/k.906D/Multicultural_Resources.htm">http://www.heartandstroke.com/site/c.ikiQLcMWJtE/b.3479037/k.906D/Multicultural_Resources.htm</a> <input type="checkbox"/> Referral process to appropriate specialist, (example: Aboriginal Health Coordinator, Social Work, Interpretation Services) <input type="checkbox"/> Other:
<ul style="list-style-type: none"> <li>Individualizes appropriate education for the patient and family</li> <li>Documents patient education</li> </ul>		<input type="checkbox"/> Met <input type="checkbox"/> Active <input type="checkbox"/> Out of scope	<input type="checkbox"/> Canadian Stroke Network (N.D.). <i>Getting on with the Rest of Your Life After Stroke Volume 9</i> . Retrieved June 24, 2013 from <a href="http://www.canadianstrokenetwork.ca/wp-content/uploads/2011/09/GettingOn2-EN.pdf">http://www.canadianstrokenetwork.ca/wp-content/uploads/2011/09/GettingOn2-EN.pdf</a> <input type="checkbox"/> Canadian Stroke Network. <i>Stroke Nursing Training Modules - Module 3 pg 17-21 &amp; Module 4</i> <a href="http://www.canadianstrokenetwork.ca/index.php/tools/stroke-nursing-training-modules/">http://www.canadianstrokenetwork.ca/index.php/tools/stroke-nursing-training-modules/</a> <input type="checkbox"/> Local teaching checklist

Competency Area : Transitions and Community Reintegration		Focus for the Current Year	Resources
<ul style="list-style-type: none"> <li>Knowledge of community support services and referral processes or who to contact.</li> </ul>		<input type="checkbox"/> Met <input type="checkbox"/> Active <input type="checkbox"/> Out of scope	<input type="checkbox"/> Other: <input type="checkbox"/> Alberta Healthy Living- Education, Exercise and Self Management Programs (zone specific pamphlet) <input type="checkbox"/> Vascular Risk Reduction in person or on line education (Glenrose Risk Reducing series) <input type="checkbox"/> Living with Stroke in select communities. <a href="http://www.heartandstroke.com/site/c.ikiQLcMWJtE/b.3936679/k.7231/Stroke_Living_with_StrokeTM_program.htm">http://www.heartandstroke.com/site/c.ikiQLcMWJtE/b.3936679/k.7231/Stroke_Living_with_StrokeTM_program.htm</a> <input type="checkbox"/> Stroke Services contact in communities served <input type="checkbox"/> Homecare referral process (Zone Specific) <input type="checkbox"/> Local community directory of services <input type="checkbox"/> Stroke Discharge Checklist (zone or site specific) <input type="checkbox"/> Stroke Information Card (Community Specific), APSS Website <a href="http://www.strokestrategy.ab.ca">www.strokestrategy.ab.ca</a> <input type="checkbox"/> Canadian Stroke Network (N.D.). <i>Getting on with the Rest of Your Life After Stroke Volume 9</i> . Retrieved June 24, 2013 from <a href="http://www.canadianstrokenetwork.ca/wp-content/uploads/2011/09/GettingOn2-EN.pdf">http://www.canadianstrokenetwork.ca/wp-content/uploads/2011/09/GettingOn2-EN.pdf</a> <input type="checkbox"/> APSS Telehealth: Fostering Community Participation After Stroke <a href="http://www.slideserve.com/Faraday/fostering-community-participation-after-stroke">http://www.slideserve.com/Faraday/fostering-community-participation-after-stroke</a> <input type="checkbox"/> Contact names for stroke services in communities served <input type="checkbox"/> Other:

Competency Area : Stroke Prevention		Focus for the Current Year	Resources
<ul style="list-style-type: none"> <li>• <i>Knowledge of SPC Referral Forms and Processes</i></li> </ul>	<input type="checkbox"/> Met Date: _____	<input type="checkbox"/> Met <input type="checkbox"/> Active <input type="checkbox"/> Out of scope	<input type="checkbox"/> SPC referral form and process for triaging <input type="checkbox"/> Other:
<ul style="list-style-type: none"> <li>• Awareness of risk factors for stroke/TIA</li> </ul>		<input type="checkbox"/> Met <input type="checkbox"/> Active <input type="checkbox"/> Out of scope	<input type="checkbox"/> Heart and Stroke Foundation (n.d.) <i>You've Had a TIA. Learn how to prevent another one.</i> (booklet) <input type="checkbox"/> Heart and Stroke Foundation. <i>Taking Control, Lower your risk of heart disease and stroke.</i> (booklet) <input type="checkbox"/> Heart and Stroke Foundation (2007, February). <i>FAAST FAQs for Stroke Nurses 'Secondary Prevention for Stroke'</i> page 57-61 <input type="checkbox"/> Alberta Provincial Stroke Strategy (n.d.). <i>Stroke in a box.</i> Retrieved July 4, 2013 from <a href="http://www.strokestrategy.ab.ca/health-care-providers-ed.html#ProEdRes">http://www.strokestrategy.ab.ca/health-care-providers-ed.html#ProEdRes</a> <input type="checkbox"/> Canadian Stroke Network (2013). Prevention of Stroke Educational Slide Decks: Assessment of a patient with TIA or non-disabling stroke. Retrieved from <a href="http://www.strokebestpractices.ca/wp-content/uploads/2010/10/PreventionEducationalSlideDeck-EN.pdf">http://www.strokebestpractices.ca/wp-content/uploads/2010/10/PreventionEducationalSlideDeck-EN.pdf</a> <input type="checkbox"/> Other:
<ul style="list-style-type: none"> <li>• Explain lifestyle modifications</li> </ul>		<input type="checkbox"/> Met <input type="checkbox"/> Active <input type="checkbox"/> Out of scope	<input type="checkbox"/> Canadian Stroke Strategy (2012). Lifestyle and Risk Factor Management. <i>Canadian Best Practice Recommendations for Stroke Care, section 2.1.</i> Retrieved from <a href="http://www.strokebestpractices.ca/index.php/prevention-of-stroke/lifestyle-and-risk-factor-management">http://www.strokebestpractices.ca/index.php/prevention-of-stroke/lifestyle-and-risk-factor-management</a> <input type="checkbox"/> Alberta Provincial Stroke Strategy (2009, February). <i>Secondary Stroke Prevention.</i> Retrieved from <a href="http://www.strokestrategy.ab.ca/Secondary%20Stroke%20Prevention%20March0909%20Final.pdf">http://www.strokestrategy.ab.ca/Secondary%20Stroke%20Prevention%20March0909%20Final.pdf</a> <input type="checkbox"/> Canadian Hypertension Education Program (2013). Lifestyle Management. Retrieved from <a href="http://www.hypertension.ca/lifestyle-management">http://www.hypertension.ca/lifestyle-management</a>

			<ul style="list-style-type: none"> <li><input type="checkbox"/> Canadian Stroke Network (2013). Prevention of Stroke Educational Slide Decks: Assessment of a patient with TIA or non-disabling stroke. Retrieved from <a href="http://www.strokebestpractices.ca/wp-content/uploads/2010/10/PreventionEducationalSlideDeck-EN.pdf">http://www.strokebestpractices.ca/wp-content/uploads/2010/10/PreventionEducationalSlideDeck-EN.pdf</a></li> <li><input type="checkbox"/> Canadian Stroke Network (2009). Preventing Strokes One at a Time: Lifestyle and Risk Factor management. Retrieved from <a href="http://www.heartandstroke.on.ca/site/c.pvl3leNWJwE/b.5882219/k.48F5/Secondary_Prevention_Tool_Kit.htm">http://www.heartandstroke.on.ca/site/c.pvl3leNWJwE/b.5882219/k.48F5/Secondary_Prevention_Tool_Kit.htm</a></li> <li><input type="checkbox"/> Health Canada (2011). Eating Well with Canada’s Food Guide. Retrieved from <a href="http://www.hc-sc.gc.ca/fn-an/food-guide-aliment/index-eng.php">http://www.hc-sc.gc.ca/fn-an/food-guide-aliment/index-eng.php</a></li> <li><input type="checkbox"/> Heart and Stroke Foundation (January, 2010). Healthy Waists. Retrieved from <a href="http://www.heartandstroke.on.ca/site/c.pvl3leNWJwE/b.4018281/k.8698/Healthy_Waists.htm?src=home">http://www.heartandstroke.on.ca/site/c.pvl3leNWJwE/b.4018281/k.8698/Healthy_Waists.htm?src=home</a></li> <li><input type="checkbox"/> Canadian Diabetes Association (n.d.). Physical Activity and Exercise – For Professionals. Retrieved from <a href="http://www.diabetes.ca/for-professionals/cpg/physical-activity-and-exercise/">http://www.diabetes.ca/for-professionals/cpg/physical-activity-and-exercise/</a></li> <li><input type="checkbox"/> Canadian Diabetes Association (2013). Healthcare Provider Tools. Retrieved from <a href="http://guidelines.diabetes.ca/HealthCareProviderTools.aspx">http://guidelines.diabetes.ca/HealthCareProviderTools.aspx</a></li> <li><input type="checkbox"/> Hypertension Canada (n.d.). Sodium 101. Retrieved from <a href="http://www.sodium101.ca/">http://www.sodium101.ca/</a></li> <li><input type="checkbox"/> Canadian Society for Exercise Physiology (2013). Canadian Physical Activity Guidelines. Retrieved from <a href="http://www.csep.ca/english/view.asp?x=804">http://www.csep.ca/english/view.asp?x=804</a></li> <li><input type="checkbox"/> Other:</li> </ul>
<ul style="list-style-type: none"> <li>• Knowledge of key medications used for stroke/TIA</li> </ul>		<ul style="list-style-type: none"> <li><input type="checkbox"/> Met</li> <li><input type="checkbox"/> Active</li> <li><input type="checkbox"/> Out of scope</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Heart and Stroke Foundation (2007, February). Medications for Stroke Prevention. <i>FAAST Facts for Stroke Nurses</i> page 47</li> <li><input type="checkbox"/> Alberta Provincial Stroke Strategy (2009, February). <i>Secondary Stroke Prevention</i>. Retrieved from <a href="http://www.strokestrategy.ab.ca/Secondary%20Stroke%20Prevention%20March0909%20Final.pdf">http://www.strokestrategy.ab.ca/Secondary%20Stroke%20Prevention%20March0909%20Final.pdf</a></li> <li><input type="checkbox"/> Canadian Stroke Strategy (Update 2012, September). Stroke Prevention. <i>Canadian Best Practice Recommendations for Stroke Care, Fourth Edition Chapter 2</i>. Retrieved from <a href="http://www.strokebestpractices.ca/wp-content/uploads/2012/10/20120BPR_Ch2_Prevention_Final-Version_20Sept-2012F-12.pdf">http://www.strokebestpractices.ca/wp-content/uploads/2012/10/20120BPR_Ch2_Prevention_Final-Version_20Sept-2012F-12.pdf</a></li> </ul>



			<input type="checkbox"/> Alberta Provincial Stroke Strategy (2009, October). Effective Medication Questioning in Stroke Care. Powerpoint presentation by Kristin George Philips. Retrieved from <a href="http://www.strokestrategy.ab.ca/telehealth_presentations.html">http://www.strokestrategy.ab.ca/telehealth_presentations.html</a> <input type="checkbox"/> Other:
<ul style="list-style-type: none"> <li>• Knowledge of investigations and how to arrange (e.g. holter monitor, ECHO, transcranial Doppler, event monitor)</li> <li>• Aware of locations of CT scanners and Primary Stroke Centres</li> </ul>	<input type="checkbox"/> Met Date: _____	<input type="checkbox"/> Met <input type="checkbox"/> Active <input type="checkbox"/> Out of scope	<input type="checkbox"/> Alberta Provincial Stroke Strategy (2009, February). <i>Secondary Stroke Prevention</i> . Retrieved from <a href="http://www.strokestrategy.ab.ca/Secondary%20Stroke%20Prevention%20March0909%20Final.pdf">http://www.strokestrategy.ab.ca/Secondary%20Stroke%20Prevention%20March0909%20Final.pdf</a> <input type="checkbox"/> Local processes for arranging investigations <input type="checkbox"/> Alberta Provincial Stroke Strategy (2011, January). Secondary Stroke Prevention Strategies. Powerpoint presentation by Carolyn Walker RN BScN. Retrieved from <a href="http://www.strokestrategy.ab.ca/telehealth_presentations.html">http://www.strokestrategy.ab.ca/telehealth_presentations.html</a> <input type="checkbox"/> Alberta Provincial Stroke Strategy (n. d.). Stroke 101: The Basics. <i>In Alberta Health Services mylearninglink</i> . Retrieved from <a href="http://mylearninglink.albertahealthservices.ca/elearning/bins/index.asp">http://mylearninglink.albertahealthservices.ca/elearning/bins/index.asp</a> <input type="checkbox"/> Canadian Stroke Network (2013). Prevention of Stroke Educational Slide Decks: Assessment of a patient with TIA or non-disabling stroke. Retrieved from <a href="http://www.strokebestpractices.ca/wp-content/uploads/2010/10/PreventionEducationalSlideDeck-EN.pdf">http://www.strokebestpractices.ca/wp-content/uploads/2010/10/PreventionEducationalSlideDeck-EN.pdf</a> <input type="checkbox"/> Other:
<ul style="list-style-type: none"> <li>• Aware of indications for Carotid Endarterectomy or Stenting</li> </ul>		<input type="checkbox"/> Met <input type="checkbox"/> Active <input type="checkbox"/> Out of scope	<input type="checkbox"/> Wong, F (2013). <i>Carotid Stenosis and Carotid Endarterectomy</i> . Retrieved from <a href="http://www.neuro4nurses.com/wp-content/uploads/2012/12/Neuro4Nurses-Carotid-Stenosis-and-Carotid-Endarterectomy.pdf">http://www.neuro4nurses.com/wp-content/uploads/2012/12/Neuro4Nurses-Carotid-Stenosis-and-Carotid-Endarterectomy.pdf</a> <input type="checkbox"/> Healthwise Staff (2013, March). <i>Stroke Risk and Carotid Endarterectomy</i> . Retrieved from <a href="https://myhealth.alberta.ca/health/Pages/conditions.aspx?hwid=zm2566">https://myhealth.alberta.ca/health/Pages/conditions.aspx?hwid=zm2566</a> <input type="checkbox"/> Other:
<ul style="list-style-type: none"> <li>• Aware of the importance and able to advise patients in recognizing the signs of</li> </ul>	<input type="checkbox"/> Met	<input type="checkbox"/> Met	<input type="checkbox"/> Heart and Stroke Foundation of Alberta (2011, October). <i>Stroke warning signs</i> . Retrieved from <a href="http://www.heartandstroke.ab.ca/site/c.lqIRL1PJtH/b.3650857/k.773A/Stroke_Warning_Signs.htm">http://www.heartandstroke.ab.ca/site/c.lqIRL1PJtH/b.3650857/k.773A/Stroke_Warning_Signs.htm</a>

<i>stroke and react (call 911)</i>	Date: _____	<input type="checkbox"/> Active <input type="checkbox"/> Out of scope	<input type="checkbox"/> Other:
<ul style="list-style-type: none"> <li>• Knowledge of Telehealth Stroke Prevention Clinic and the facilitator's role (e.g. vital signs, weight, meds list)</li> </ul>		<input type="checkbox"/> Met <input type="checkbox"/> Active <input type="checkbox"/> Out of scope	<input type="checkbox"/> Zone Specific Resource <input type="checkbox"/> Other:
<ul style="list-style-type: none"> <li>• Knowledge of hypertension assessment strategies</li> </ul>		<input type="checkbox"/> Met <input type="checkbox"/> Active <input type="checkbox"/> Out of scope	<input type="checkbox"/> Canadian Hypertension Education Program (2013). Accurate measurement of blood pressure. Retrieved from <a href="http://www.hypertension.ca/accurate-measurement-of-blood-pressure">http://www.hypertension.ca/accurate-measurement-of-blood-pressure</a> <input type="checkbox"/> Canadian Hypertension Education Program (2013). Home Measurement BP. Retrieved from <a href="http://www.hypertension.ca/home-measurement-bp">http://www.hypertension.ca/home-measurement-bp</a> <input type="checkbox"/> Canadian Stroke Network (2013). Prevention of Stroke Educational Slide Decks: Assessment of a patient with TIA or non-disabling stroke. Retrieved from <a href="http://www.strokebestpractices.ca/wp-content/uploads/2010/10/PreventionEducationalSlideDeck-EN.pdf">http://www.strokebestpractices.ca/wp-content/uploads/2010/10/PreventionEducationalSlideDeck-EN.pdf</a> <input type="checkbox"/> Canadian Stroke Network (2009). Preventing Strokes One at a Time: BP and Stroke. Retrieved from <a href="http://www.heartandstroke.on.ca/site/c.pvi3leNWJwE/b.5882219/k.48F5/Secondary_Prevention_Tool_Kit.htm">http://www.heartandstroke.on.ca/site/c.pvi3leNWJwE/b.5882219/k.48F5/Secondary_Prevention_Tool_Kit.htm</a> <input type="checkbox"/> Other:
<ul style="list-style-type: none"> <li>• Knowledge of treatment goals for risk factors</li> </ul>		<input type="checkbox"/> Met <input type="checkbox"/> Active <input type="checkbox"/> Out of scope	<input type="checkbox"/> Canadian Hypertension Education Program (2013). Lab Tests. Retrieved from <a href="http://www.hypertension.ca/lab-tests">http://www.hypertension.ca/lab-tests</a> <input type="checkbox"/> Canadian Stroke Network (2013). Prevention of Stroke Educational Slide Decks: Assessment of a patient with TIA or non-disabling stroke. Retrieved from <a href="http://www.strokebestpractices.ca/wp-content/uploads/2010/10/PreventionEducationalSlideDeck-EN.pdf">http://www.strokebestpractices.ca/wp-content/uploads/2010/10/PreventionEducationalSlideDeck-EN.pdf</a> <input type="checkbox"/> Canadian Cardiovascular Harmonized National Guidelines Endeavour (C-Change). <a href="http://c-changeprogram.ca/">http://c-changeprogram.ca/</a>

			<input type="checkbox"/> Other:
<ul style="list-style-type: none"> <li>• Aware of stages of change and application in health coaching</li> <li>• Knowledge of health coaching principles to encourage behavior change and self management</li> </ul>		<input type="checkbox"/> Met <input type="checkbox"/> Active <input type="checkbox"/> Out of scope	<input type="checkbox"/> Institute for Health care Communication, Inc. (n.d.). Choices and Changes Workshop. Retrieved from <a href="http://cdm.absorbtraining.ca/user/content_popup.asp">http://cdm.absorbtraining.ca/user/content_popup.asp</a> <input type="checkbox"/> Janet Gale, Health Psychologist, Health Change Associates (2012). <i>A Practical Guide to Health Behaviour Change using the HCA approach.</i> (Workshops offered by HCA. Consult with Manager) <input type="checkbox"/> Other:
<b>Competency Area : Palliative and End of Life Care</b>		<b>Focus for the Current Year</b>	
<ul style="list-style-type: none"> <li>• Aware of Advanced Care Planning and Goals of Care</li> </ul>		<input type="checkbox"/> Met <input type="checkbox"/> Active <input type="checkbox"/> Out of scope	<input type="checkbox"/> Advance Care Planning & Goals of Care Resources <a href="http://www.albertahealthservices.ca/3917.asp">http://www.albertahealthservices.ca/3917.asp</a> <input type="checkbox"/> Canadian Stroke Strategy (updated 2013, May). Palliative and End of Life Care. <i>Canadian Best Practice Recommendations for Stroke Care, section 4.3.</i> Retrieved from <a href="http://www.strokebestpractices.ca/index.php/acute-stroke-management/palliative-and-end-of-life-care">http://www.strokebestpractices.ca/index.php/acute-stroke-management/palliative-and-end-of-life-care</a> <input type="checkbox"/> Other:

\*\*May not be required competency in your site as specific stroke nurses may be trained in this area.