

Wellness Articles

Attached are weekly health and wellness articles provided by Alberta Health Services. As a way to help all Albertans live a healthy life, we welcome and encourage weekly newspapers, community newsletters and other publications to reproduce this information free of charge. Credit to Alberta Health Services or the identified content provider would be appreciated.

If you would like to be added to the distribution list for these articles, please email: Rebecca.johnson2@albertahealthservices.ca. You will receive a monthly email containing articles for the upcoming four weeks.

An archive of past wellness articles is available at <http://www.albertahealthservices.ca/9966.asp>

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Content provided by: Alberta Health Services – Continuing Care

Online Continuing Care Facility Directory now live!

Albertans can now explore publicly funded continuing care facilities and learn more about them — online.

The [new online continuing care facility directory](#) has comprehensive information on all the province's 345 publicly funded continuing care facilities. This new online tool is designed to simplify the process of finding a care home when one is needed.

Directory information will be updated every six months. It includes but is not limited to:

- How to contact a case manager regarding assessment for Designated Supportive Living or Long Term Care.
- Facility address and contact information, as well as a map that can be used to locate nearby facilities
- Photos of the facility
- The number of spaces and level of service provided
- Link to accommodation charges
- Link to accommodation standards audit results
- Accreditation status of the facility
- Resident and family council status
- Health Quality Council of Alberta survey results (food rating and global overall care rating)
- Available amenities
- Transportation options

Find the online directory at ahs.ca/continuingcare.