

WalkABLE ALBERTA



Make A Difference In Your Community

WalkABLE Alberta can help you create a healthy, vibrant community where walking and physical activity are part of daily life.

CREATE A WALKING CULTURE

Imagine a community where people feel safe and excited to walk for leisure and transportation:

Streets are designed to encourage people to use them and to interact with each other.



Walking regularly can improve your health and overall wellbeing.



Sidewalks and paths are connected throughout the community to improve safety and decrease travel distance.



Walking is viewed positively and adds to a vibrant community culture.



Whether you live in a rural or urban area, you can create a pedestrian-friendly and healthier community. The WalkABLE Alberta team is here to help.

Move Forward

Team Up With WalkABLE Alberta

Calling all community leaders and champions:

Connect with WalkABLE Alberta to find out how we can work with your community and stakeholders to support walking.

GET READY

LET'S TALK

WalkABLE Alberta can help you connect with stakeholders to discuss a walkable community, share resources, and make a plan.

GET SET

LET'S PARTNER

Our team and our partners can provide your community with evaluation planning, evidence-informed tools, resources, networking opportunities, consultations, and a pedestrian counter kit.

GO

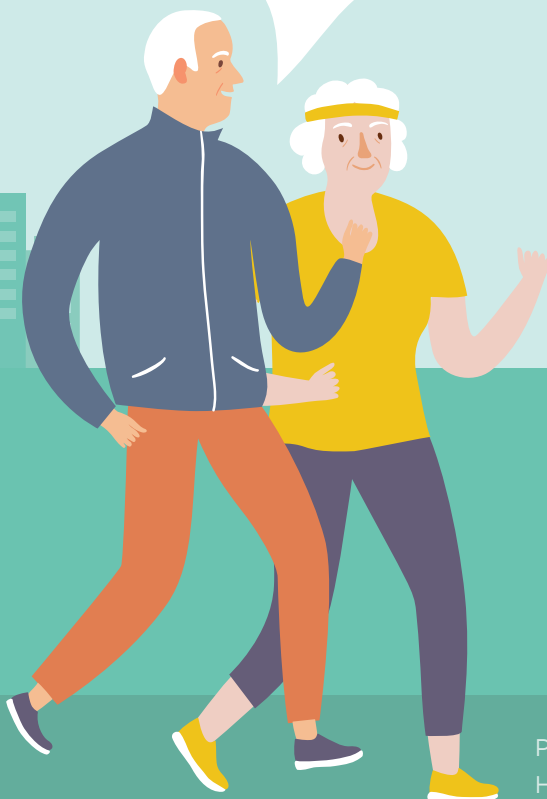
LET'S MOVE FORWARD

We're here to help as you identify strategies that match your goals and fit your community. We have helped communities develop plans, policies, and bylaws with departments of transportation, recreation, and development.

Because WalkABLE Alberta encouraged it, we are spending more time walking and have recently met neighbours who have lived here for decades.

Everyone wants to live in a vibrant community. WalkABLE helped us make a plan that fits our community.

WalkABLE helped us plant a seed for change in our community.



Take the first step.

Contact: activeliving@ahs.ca