

# CONFIRMED INFLUENZA

**Date:** Friday, December 02, 2022  
**To:** Physicians and Staff in Jasper & Hinton  
**From:** Dr. Kathryn Koliaska, Lead Medical Officer of Health, North Zone Areas 1-6

**Subject:** Confirmed Influenza A Outbreak at Alpine Summit Seniors Lodge **2022-EI-4727**

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Influenza A has been lab-confirmed at Alpine Summit Seniors Lodge, Jasper, with an Outbreak declared as of December 02, 2022. This may result in residents, patients or staff presenting for assessment/treatment or provision of prophylaxis prescription.

**Prescribing information:** [\[Product Monograph Template - Standard\] \(rochecanada.com\)](#)

- **Tamiflu® prophylaxis** in asymptomatic adults with no renal impairment is 75 mg once daily, for 10 days or duration of the exposure (outbreak) whichever is longer.
- **Tamiflu® treatment** for symptomatic adults with no renal impairment is 75 mg twice daily for 5 days. Treatment should begin within 48 hours of the onset of illness for max benefit.
- Current Tamiflu® prescribing guidelines are available in the *AHS Guides for Outbreak Prevention and Control* available as quick links at:
  - [Non-Designated Supportive Living Sites](#)
  - [Long Term Care, Designated Supportive Living and Hospice Sites](#)

Please consider influenza in your differential diagnosis for respiratory illness, including pneumonia, in any patient presenting with:

- acute onset of respiratory illness with fever and cough, AND
- one or more of: sore throat, joint pain, muscle aches, severe exhaustion.

Note: In children under age 5, gastrointestinal symptoms may also be present. In patients under age 5 or age 65 and older, fever may not be prominent.

Recommended actions include:

- 1) Appropriate respiratory precautions/isolation and use of PPE- gown/glove/mask/eye protection.
- 2) Testing by NP swab - flock swab and Universal Transport Medium (UTM – pink) available from ProvLab. *Ensure correct transport medium, or samples cannot be processed. Please add EI# 2022-4727* if case resides or works at Alpine Summit Seniors Lodge.

If you have questions:

- 0800-1630h (daily including weekends and stat holidays) contact Communicable Disease Control, North Zone at 1-888-522-1919 or email [CDOutbreak@albertahealthservices.ca](mailto:CDOutbreak@albertahealthservices.ca) indicating that you are inquiring about North Zone influenza outbreaks.
- After hours, contact North Zone Public Health on-call: 1-800-732-8981 who will consult with MOH on-call as necessary.

Thank you for your continued assistance and co-operation. Relevant outbreak management documents are posted on [MOH - North Zone | Alberta Health Services](#) for your reference.