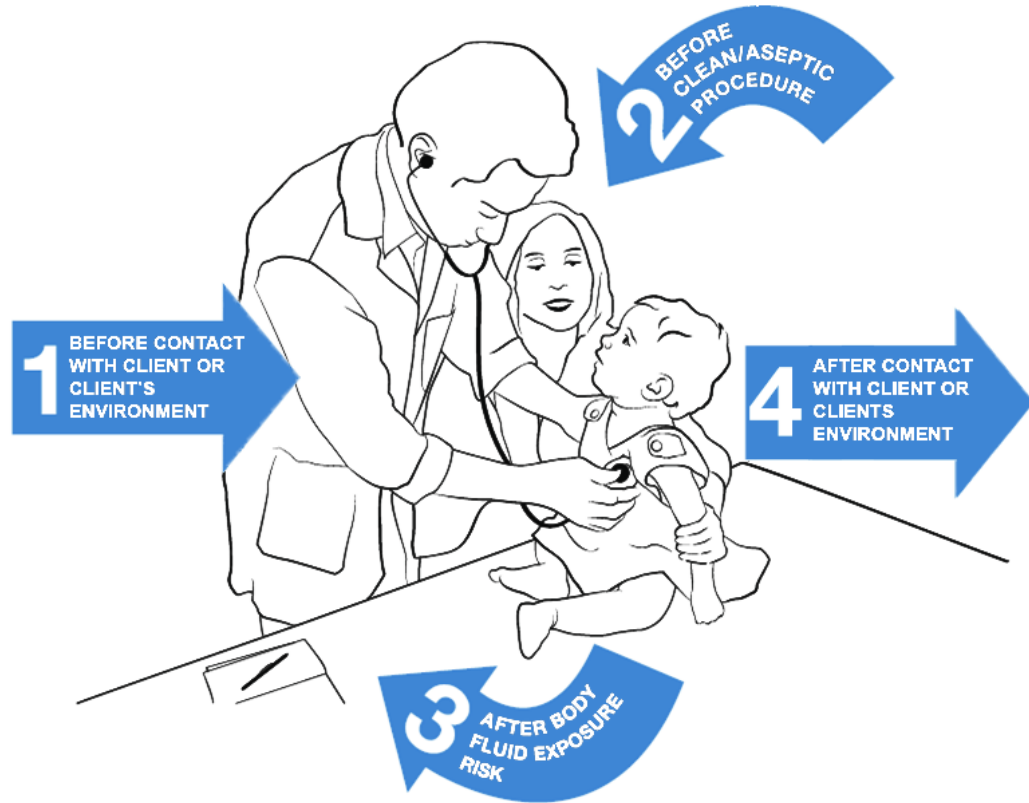


Your 4 Moments for Hand Hygiene



1	BEFORE contact with client/client's environment	Why? To protect the client against harmful germs carried on your hands Example: Before helping to position a client
2	BEFORE clean/aseptic procedure	Why? To protect the client against harmful germs from entering their body Example: Before using an otoscope or tongue depressor on a client
3	AFTER body fluid exposure risk	Why? To protect yourself and the health care environment from harmful germs Example: After contact with saliva or body fluids
4	AFTER contact with client/client's environment	Why? To protect yourself and the health care environment from harmful germs Example: After using a stethoscope on a client