## **Mental Health Help Line** Toll free at: 1-877-303-2642

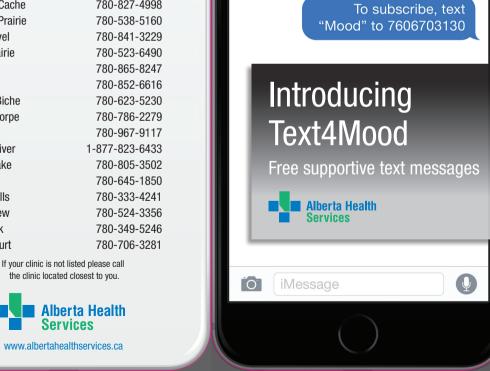
We can help

## **North Zone Mental Health Clinics**

Athabasca	780-675-5404
Barrhead	780-674-8243
Bonnyville	780-826-2404
Cold Lake	780-639-4922
Edson	780-723-8294
Fairview	1-877-823-6433
Fort McMurray	780-791-6194
Grande Cache	780-827-4998
Grande Prairie	780-538-5160
High Level	780-841-3229
High Prairie	780-523-6490
Hinton	780-865-8247
Jasper	780-852-6616
Lac La Biche	780-623-5230
Mayerthorpe	780-786-2279
Onoway	780-967-9117
Peace River	1-877-823-6433
Slave Lake	780-805-3502
St. Paul	780-645-1850
Swan Hills	780-333-4241
Valleyview	780-524-3356
Westlock	780-349-5246
Whitecourt	780-706-3281

the clinic located closest to you.





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Messages Text4Mood

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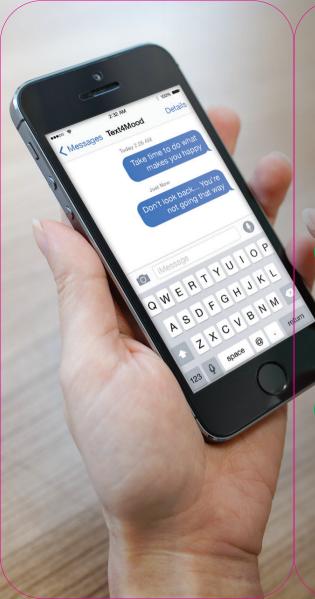
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need it most.

<sup>★</sup> 100% ■

Details



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- Support reaches you everyday including weekends
- Support reaches you where ever you are, including in your home, work place and during your vacations
- 3 Supportive text messages are free
- You will begin to receive supportive text messages immediately after you subscribe to the service

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