



### Recent Publications

Rivard AM, **Brown CA**. Moral distress and resilience in the occupational therapy workplace. *Safety*, 5(1),10, 2019. <https://doi.org/10.3390/safety5010010>

Moon M, Schmitz C., **Brown CA** & Esmail S. One occupational therapy department's initial steps in reconciliation with indigenous peoples. *Occupational Therapy Now*, 20(3), 27-29, 2018.

**Brown CA**, Pashniak L. Psychological health and occupational therapists: Burnout, engagement and work addiction. *Work*, 60, (4):513-525, 2018. <https://content.iospress.com/articles/work/wor2759>

**Brown C**, Wang Y, Carr E. Undercover dogs: Pet dogs in the sleep environment of patients with chronic pain. *Social Sciences*. 7, 157, 2018. <https://doi.org/10.3390/socsci7090157>

### Cary Brown, PhD , OTM

- Professor, Faculty of Rehabilitation Medicine, Department of Occupational Therapy, University of Alberta
- Research Affiliate, Glenrose Rehabilitation Hospital

Cary practiced as an occupational therapist and department manager in Canada and Saudi Arabia and has held academic appointments in Canada and the UK. She is currently a professor in the Occupational Therapy Department at the University of Alberta.

These diverse experiences underpin her research program of sleep deficiency, knowledge translation and chronic pain. Cary regularly provides sleep education

workshops to diverse groups and co-authored and co-edited the book "An Occupational Therapist's Guide to Sleep and Sleep Problems" (<https://www.jkp.com/usa/an-occupational-therapist-s-guide-to-sleep-and-sleep-problems-2.html>). She presents regularly at national and international conferences and received the Canadian Pain Society—Pain Awareness Award for her work in the area of knowledge translation.

### Clinical Implications of Research:

Patient wellness, health risk reduction.

