Coverall Donning Checklist Viral Hemorrhagic Fever (Ebola)

	• • • • • • • • • • • • •
Use this checklist following the Challenge Respond method. HCP completes checklist actions	
Challenge (After completion of sequence, Buddy reads off checklist item) Respond (HCP confirms they have completed checklist item)	
PREPARATION Pull hair back and secure it off neck and face	
Remove all extra items on person	
 2. HAND HYGIENE • Perform hand hygiene using alcohol-based hand rub 	
If your hands look or feel dirty use soap and water.	
 3. COVERALLS TO SHOULDERS • Step into coveralls, pull up to shoulders 	
• Put arms in arm holes	
Do not put on hood, do not zip up. 4. SHOE COVERS	
Pull shoe covers over feet of coveralls	
5. HAND HYGIENEPerform hand hygiene, using alcohol-based hand rub	
6. INNER GLOVES (SURGICAL)	
 Put on surgical gloves. Cuffs of gloves go under cuffs of coveralls. 7. MASK OR N95 RESPIRATOR 	
Remove personal eye glasses, if worn 7A. MASK	
• Put on mask	
 Put ear loops over ears Pinch nose piece to fit bridge of nose using both hands 	
 7B. N95 RESPIRATOR • Stretch out elastic bands, cup N95 in one hand and hold to face 	
 Put top elastic on crown of head, put bottom elastic on base of head Ensure bands are not crossed, no hair is under edge of mask 	
Conduct a seal check	
Put on personal eye glasses, or optional goggles	
 8. BOUFFANT HEAD COVER • Put on bouffant head cover 	
• Ensure ears and all hair are covered (use mirror or another person)	

www.albertahealthservices.ca/topics/Page10289.aspx For more information contact ipcsurvstdadmin@ahs.ca

© 2019 Alberta Health Services

Original date: September 2015 Revised date: December 2019



Coverall Donning Checklist Viral Hemorrhagic Fever (Ebola)

9. COVERALLS-HOOD AND ZIPPER SEAL		
• Pull up coverall hood		
• Fully zip up coveralls		
 Buddy peels backing off coverall flap 		
 Buddy holds flap out and straight 		
 HCP presses flap closed, ensuring there are no folds or bubbles 		
 HCP or Buddy presses firmly on the top of the flap for a few seconds to seal it well 		
10. FULL-NECK HOOD		
Pull hood over head		
 Buddy ensures neck and bouffant are covered and visual field is clear 		
11. APRON		
 Put on apron. Make sure apron covers from neck to knees and to wrists. 		
 Insert thumbs in loops of apron sleeves 		
 Tie apron at back of waist 		
 Buddy ensures apron covers full-neck hood at shoulders 		
12. FACE SHIELD		
• Put on face shield		
Adjust to fit square on face		
13. OUTER GLOVES		
 Put on nitrile or a second pair of surgical gloves over cuffs of apron 		
• Buddy may assist		
14. INSPECTION		
 Buddy inspects to ensure HCP PPE is secure and all closures are flat. 		
Before HCP enters room, write HCP name and occupation, and time on front and arm of		
apron.		
To ensure PPE stays in place before entering room, HCP should:		
bend forward and gently shake head		
• perform a squat		
fully extend arms overhead		
PERFORM A DOUBLE CHECK TO ENSURE DONNING OF PPE IS COMPLETE		



Alberta Health

Services

Infection Prevention

& Control