

PPE Safety Coach Community of Practice (CoP)

Summary November 3, 2021

At the PPE Safety Coach CoP, knowledge and experience sharing amongst coaches is welcomed and encouraged. Coaches come together from across the province to discuss and learn from the experiences of others with the same professional interest.

This document summarizes key learnings shared with the coaches to help support the coaching process. Coaches are encouraged to review the key learnings (takeaways) from the sessions if they are unable to attend.

Topic/Speaker	Summary
Topic: A conversation about managing the people side of change and how these principles may apply to PPE Safety Coaches.	<p>Change Management is the application of a structured process and a set of tools for leading the people side of change to achieve a desired outcome.</p> <p>The program will provide AHS staff:</p> <ul style="list-style-type: none">• 5 Tenets of Change Management• 3 phases of organizational Change Requires• Summary of the ADKAR model• AHS resources of change management <p>A scenario featuring change management was presented to create discussion.</p> <p>Key learnings</p> <p>Some important strategies to keep in mind when using change management include:</p> <ul style="list-style-type: none">• Awareness• Desire• Knowledge• Ability• Reinforcement
Topic: Important self-care strategies to improve your wellness	<p>An overview of the resources and services available to help you cope during this difficult time.:</p> <ul style="list-style-type: none">• Understanding what resilience is• What self-care can look like• AHS Employee and Family Assistance Program• AHS WHS Wellness Seminars & e-Learning <p>Key learnings</p> <ul style="list-style-type: none">• There are resources and services available for staff to access for support.• Presentation: Taking care of your Wellness• If you would like a copy of the WHS presentation, please email PPE Safety Coach.
PPE Questions	<p>If you have any PPE fit concerns, contact your site's Workplace Health and Safety (WHS) Advisor.</p> <p>If you have PPE supply questions or ordering concerns, contact your site's Contract Procurement & Supply Management (CPSM) Lead.</p> <p>If you have general questions about PPE in Alberta, contact the PPE Task Force: ppe@ahs.ca</p> <p>If you have questions about the Provincial PPE Safety Coach Program, contact us at ppesafetycoach@ahs.ca</p>
Next CoP	Tuesday December 14, 2021, 9:00-9:45 a.m.