# Seniors Health Strategic Clinical Network

# What is the Seniors Health Strategic Clinical Network (SH SCN)?

The SH SCN is a network group of health care providers, managers, researchers, policy makers and care-givers that all focus on seniors care and who have come together with seniors and family members to support Alberta's aging population.

## Why was the SH SCN created?

The SH SCN was formed to lead improvements to health care that help Alberta's seniors to live healthy independent lives no matter where they live in the province. The SH SCN is a change agent to improve health care based on research and innovation.

### Who's involved?

The SH SCN Core Committee currently has 40 members including health care providers, researchers, policy makers, health administrators, educators, a patient engagement researcher and others. In addition over 360 people have joined our Community of Practice and over 90 researchers are part of our Network of Researchers from across Alberta.

# What work is under way;

**Appropriate Use of Antipsychotic Drugs in Long Term Care** –The safety and quality of life of persons in long term care is important. The SH SCN and the Addiction and Mental Health SCN are working together to guide the appropriate use of antipsychotic drugs and teaching staff other ways to care for persons with dementia.

**Elder Friendly Care in Hospitals** – Elder Friendly Care prevents falls, delirium (confusion) and decreased mobility and function that may happen to older adults in hospital. This project will help improve the quality of care for older adults in hospital and reduce lengths of hospital stay and decrease the number of people requiring more care at discharge.

**Aging Brain Care** – As we age, our ability to learn and remember can decrease. In the next several years, the health care system will see more older adults with memory and cognitive problems. The Alberta Dementia Strategy is addressing the following topics; Acute Care and Crisis management, Care Partner Support, The Dementia Journey, Primary Health Care, Public Awareness and Research and Innovation.

Partnerships For Research And Innovation In The Health System (PRIHS) – Stop Fracture Research Study, Strategies targeting osteoporsis to prevent reoccurant fractures and Elder-friendly Approaches to the Surgical Environment Research Study (EASE) – Implementing a bedside rehabilitation program.

To Get Involved with the Seniors Health SCN Please contact us at seniorshealth.scn@albertahealthservices.ca

