

This piece of art was created by 32 individuals who now are trained as OMA facilitators as of May 8-11, 2017. The training was made possible by the “Community Innovations Grant Funding for People Affected by Dementia” received from Alberta Health Services in collaboration with the Alzheimer Society of Calgary.

Title: **“Northern Lights”**

Artist: 2017 Alberta OMA Trainees

Date: **May 10, 2017**

Opening Minds through Art (OMA) is an evidence-based, intergenerational art program for people with dementia grounded in person-centered ethics. People with dementia are very capable of expressing themselves creatively. There is a growing body of empirical evidence that creative expression improves a person’s physical and psychological well-being. Our mission is to build bridges across age and cognitive barriers through art.

