AHS Obesity Medication Adjustment Protocol-Adult Frequently Asked Questions

AHS Obesity Medication: Adult Protocol

Click on title below to link directly to information:

Protocol Information	2
Why was the provincial Obesity Medication protocol developed?	
Who developed this protocol?	
What obesity medications are included in the protocol?	
What care areas does the protocol apply to?	
Does this protocol apply to obesity medication that is prescribed outside an AHS Adult bariatric	
specialty clinic?	2
Is an order required to enact the protocol?	2
Where can I learn more about the definitions used in the protocol?	2
What resources are available?	2
Adult Obesity Medication Protocol Working Group	3
Contact	3

AHS Obesity Medication Adjustment Protocol-Adult Frequently Asked Questions

Protocol Information

Why was the provincial Obesity Medication protocol developed?

To provide support and direction to healthcare professionals working in AHS adult bariatric specialty clinics when providing guidance to patients on the adjustment of their obesity medication.

Who developed this protocol?

The Diabetes, Obesity & Nutrition Strategic Clinical Network™ (DON SCN) in collaboration with clinicians working in AHS bariatric specialty clinics from all zones. Provincial working group membership is listed at the end of this document.

Which obesity medications are included in the protocol?

There are currently three obesity medications included in the protocol. The included medications are Liraglutide; Naltrexone/Bupropion and Semaglutide.

Which care areas does the protocol apply to?

The Obesity Medication Adjustment protocol only applies AHS adult bariatric specialty clinics.

Does this protocol apply to obesity medication that is prescribed outside an AHS Adult bariatric specialty clinic?

No, this protocol does not apply to obesity medication that has been prescribed outside of an AHS adult bariatric specialty clinic.

Is an order required to enact the protocol?

Yes, an order from an authorized prescriber working in an AHS adult bariatric specialty clinic is required to enact the protocol.

Where can I learn more about the definitions used in the protocol?

AHS policy services (Insite) provides direction, framework and resources to develop provincial governance documents. You can reach out to policy@ahs.ca for more information.

What resources are available?

The Obesity Medication Adjustment protocol is available on the Clinical Policy & Procedures website.

Product monographs:

Liraglutide (Novo Nordisk Canada Inc.)

Naltrexone/Bupropion (Bausch Health, Canada Inc)

Semaglutide (Novo Nordisk Canada Inc.)



AHS Obesity Medication Adjustment Protocol-Adult Frequently Asked Questions

Obesity Medication Protocol-Adult Working Group Membership

Name	Position	Site / Program	Zone
Carol Kuzio	Chair, Clinical Practice Lead	DON SCN	Provincial
Rebecca McElheran	Policy Advisor	AHS Policy	Provincial
Jina Douglas	Clinical Nurse Educator	Ambulatory Care - Royal Alexandra Hospital	Edmonton
Alison Ross	Nurse Practitioner	Grande Prairie Bariatric Specialty Clinic	North
Sasha Wiens	Innovation and Integration Coordinator Calgary Bariatric Surgery clinic	Calgary Bariatric Surgery clinic	Calgary
Pamela Schwengler	Registered Nurse	Medicine Hat Bariatric clinic	South

AD HOC Working Group Members

Name	Position	Site / Program	Zone
Rhonda Roedler	Pharmacist	AHS Provincial Pharmacy	Provincial
Dr. Sarah Chapelsky	Physician	Edmonton Adult Bariatric Specialty Clinic	Edmonton
Phyllis Hennig	Patient Advisor	DON SCN	Provincial

The co-chairs would like to thank the members of this working group for their time and expertise in the development of these documents.

Contact

For more information, please contact:
Diabetes, Obesity & Nutrition Strategic Clinical Network (DON SCN)
don.scn@ahs.ca