

Patient Education Resources: Heart Failure

Heart Failure Patient Education Resource Package

You can order hardcopies for your site from [Data Group](#)

FORM / ITEM # (Order #)	Title / Description
104871	Heart Failure Patient Education Resource Package (with colour resources where required)
Individual Items	
C-2264	Benefits of Low Salt (Sodium) Diet
C-2263	Daily Weight Monitoring
C-1887	Heart Failure Management Guide
HF – 001	Heart Failure Medicines
HF- 002	Heart Failure On-line Patient Resources
404103	Nutrition and Lifestyle Choices to Manage Heart Failure
FC-2265	Signs and Symptoms of Heart Failure
607808	Sodium Foods Pictorial
HF-003	Weight Chart

Living Well with Heart Failure – Heart & Stroke Foundation

Some sites have chosen to use the 'Living with Heart Failure' booklet from the Heart and Stroke Foundation. It is a free resource.

[Heart & Stroke Foundation: Living with Heart Failure: Resources to help you manage your heart failure](#)

To order copies of the "Living with Heart Failure" booklet:

1. Visit the [Heart & Stroke Foundation](#)
2. Go to "[What we do](#)"
3. Scroll down to "[Health information publications](#)"
4. There is a "jump to" section with a link titled "How to order".
5. Access the [order form](#) and [ordering guidelines](#).



Patient Education Resources available from the Primary Health Care – Resource Centre

You can also download patient education resources from the COPD section on the [Primary Health Care - Resource Centre](#)

1. Visit the [PHC Resource Centre](#).
2. Under Chronic Diseases & Conditions, go to Cardiovascular Diseases
3. Here you'll find Heart Failure resources under Provider Resources and Patient Resources