

Patient Education Resources: Chronic Obstructive Pulmonary Disease (COPD)

COPD Patient Education Resource Package

Order from [Data Group](#)

FORM / ITEM # (Order #)	Title / Description
104870	COPD Patient Education Resource Package
Individual Items	
COPD-1	Instruction Page
COPD-2	Avoiding Your Triggers
COPD-3	Learning to Breathe Easier
COPD-4	Living Well Online Education Resources
COPD-5	COPD Medications
104800	Influenza Vaccine
104536	Pneumococcal Vaccine

Living Well with COPD Resources

The **Living Well with COPD** program is designed to help physicians and healthcare professionals to develop a partnership with their patients that will promote and facilitate the self-management of their disease. For people with a chronic disease, self-management is a treatment goal in itself, and not just a treatment option. Some sites are using the following “Living Well with COPD” resources for patient education.

- [Living Well with COPD: A plan of action for life – A Learning Tool for Patients and their Families](#)
- [Living Well with COPD: A plan of action for life – Summary Guide](#)

Patient Education Resources available from the Primary Health Care – Resource Centre

You can also download patient education resources from the COPD section on the [Primary Health Care - Resource Centre](#)

1. Visit the [PHC Resource Centre](#).
2. Under Chronic Diseases & Conditions, go to COPD
3. Here you'll find COPD resources under Provider Resources

