Cyber Bullying

Grade 7

Alberta Education Health & Life Skills Programs of Studies Outcomes

The student will...

W - 7.7   Analyze the definition, effects and possible consequences of various forms of harassment.

Teacher Background

Cyber bullying is a huge issue among our students today. Cyber bullying is when someone is hurt, threatened or harassed by someone else using the internet, interactive and digital technologies or mobile phones. Cyber bullying occurs between children, pre-teens or adolescents not between an adult and a child. Once adults become involved, it is plain and simple cyber harassment or cyber stalking (*stopcyberbullying.org,* 2012).

Objectives

- Students will be able to define cyber bullying and how it is a type of harassment among teenagers today.

- Students will identify different technology used for cyber bullying.

Materials

- Chart paper

- Markers for each group

- YouTube video "Think Before You Post"

- Poster paper for the partner group/individual activity

Get Ready

- In small groups, have students compare bullying to cyber bullying.

- Through discussion, students will get a better understanding about the differences between bullying and cyber bullying and how they are both forms of harassment.

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Activity 1: Bullying VS Cyber Bullying

- In small groups, have students create a T chart, one side is bullying and the other side is cyber bullying.

- Give the groups 5 - 10 minutes to write down examples of bullying and cyber bullying.

- After 10 minutes, have each group share what they wrote.

- As a class create a definition of cyber bullying.

Activity 2: You Tube Video/Journal Entry

- Have students watch the You Tube video "Think Before You Post".

- While watching this short video, have the students think about how they would feel if they were in that situation.

- After the video is over, have the students write a journal entry about their feelings.

Activity 3: Cyber Bullying Poster

- Have students work in pairs or individually to make a poster that promotes a cyber bully free school environment.

- Students will discuss their posters and then place them around the school.

Conclusion

It is crucial to discuss and understand what cyber bullying is and how it effects our school environments.

Take Home Activity

Finish the Cyber Bullying Poster which will then be handed in to be assessed and posted in the school to make people more aware of cyber bullying.

Assessment Strategy

- Participation during small group work and class discussions

- Possible assessment may include the poster

References

Alberta Education. (2012). *Bullying Prevention.* Retrieved from: http://educaton.alberta.ca/media/6570209/cs_cyberbullying.pdf