

Outbreak Prevention Checklist

How to prevent an outbreak in congregate care facilities

All staff share the responsibility to help keep residents safe. This checklist provides some general recommendations to help prevent an outbreak.

Watch for symptomatic residents

- Monitor to identify newly symptomatic residents and follow facility internal process for notification.
- Place symptomatic residents in their own room on additional precautions immediately.
- Post additional precaution signage outside of the symptomatic resident's room as per facility policy.

Stop the spread of illness

- Recommend that symptomatic visitors delay visit until they are well.
- Advise HCW/staff to stay home when sick.
- Advise HCW/staff who develop respiratory symptoms at work to put on a mask, inform manager/designate and leave the workplace as soon as possible.
- Advise HCW/staff who develop GI symptoms at work to perform hand hygiene, inform their manager/designate and leave the workplace as soon as possible.

Use routine IPC measures

- Practice frequent hand hygiene and perform respiratory etiquette.
- Follow routine food safety practices.
- Clean and disinfect high touch areas such as doorknobs and washrooms.
- Wear appropriate PPE for resident interactions. See the [Infection Prevention and Control Risk Assessment](#).

Notify the AHS Population Public Health Support Team (PPHST)

- Gather information (may use the [Initial information reported to PPHST list](#)¹ as a reference).
- Report to PPHST at **1-844-343-0971** if there are at least two newly symptomatic residents. See [Table A](#) and [Table B](#) in the applicable guide¹.

¹ Refer to the applicable guide for more information:

- [Guide for Outbreak Prevention & Control in Long Term Care, Designated Supportive Living and Hospice Sites](#)
- [Guide for Outbreak Prevention & Control in Non-Designated Supportive Living Sites](#)