

Cardiovascular Health & Stroke Strategic Clinical Network

Transformational Roadmap 2023-2026 Summary



Our Vision: Healthy hearts and brains for all Albertans.

Our Mission: Supporting the health of Albertans through prevention, collaborative partnerships, research and innovation in cardiovascular health and stroke.

Strategic Directions & Priorities

Promote consistent quality care for cardiac patients anywhere in the province.

- Develop core quality indicators for cardiac care services for monitoring and reporting.
- Focus on appropriateness of care and equity of care delivery.
- Continue to develop, implement, and sustain Care Path and end-to-end Clinical Pathway (e.g., Heart Failure).

Promote consistent quality care for stroke patients anywhere in the province.

- Launch Stroke Rehabilitation (Health Evidence Review) in at least one zone.
- Implement Endovascular Therapy (EVT) 24-hour treatment window.
- Explore at home monitoring e.g., wearables for atrial fibrillation monitoring (replace Holter monitor).

Improve vascular health at the population level through the integration and enhancement of health promotion and prevention.

- Build on and expand current work (e.g., Enhanced Lipid Reporting) and identify opportunities to expand to populations not currently reached.
- Model the cost and impact of interventions to lower CVD risk through modifiable risk factors.



Quality: Acceptability, Accessibility, Appropriateness, Effectiveness, Efficiency, & Safety



Science: Evidence, Innovation, Data, Research, Knowledge Translation, Integration, & Evaluation



Community: Partnerships, Engagement, Empowerment, Equity & Diversity, & Inclusion

- Heart disease and stroke are the #1 killer globally.
- People living with heart failure and chronic obstructive pulmonary disease (COPD) have the highest hospital admission rates of all chronic diseases in Alberta.
- 1 in 6 stroke victims die and 90% of survivors have a disability.