



Rachel welcomes your viewpoints as she advocates for better healthcare in the community.



Rachel enjoys hiking, kayaking, reading and home gardening as well as lots of play time with her family.

A strong belief in the importance of community involvement in the delivery of healthcare inspired Rachel Vossen to put her hand up when the call went out for new members for the Palliser Triangle Health Advisory Council (HAC).

“I’m motivated to volunteer my time because I enjoy the different community perspectives and experiences we learn about,” she says. “I also believe in the role of the HAC, both in helping to share Alberta Health Services’ (AHS) information, and also in providing important feedback to the larger organization.

“I’m most passionate about empowering people to live their best life — and I believe that happiness and health grow together. I love the overlap of my personal passion and my professional endeavors with the HAC. My role has helped me learn, in a much more meaningful way, about all of the amazing services and organizations operating in our province.”

She has two main goals on her agenda.

“One is to provide pertinent input on service planning and development — and the other is helping to increase community awareness of services available, and how to access them. I get a sense of hope and purpose when our input is sought — and when we see actionable results from our involvement.”

As a pharmacist, Rachel’s interest in medicine and the well-being of others comes naturally — and she’s got ample experience helping another community as well.

“My first job after residency took my family to rural Oregon, where I was placed in a new position in a community that was new to me. I saw many new challenges and much of the work required unique collaborations,” she recalls.

“I saw firsthand that healthcare doesn’t have to be one-size fits all, and engaging patients in their health leads to incredibly meaningful outcomes. This model of care resonated with me, and I see much of this innovation reflected in the current AHS health zone model.

“It’s hard work, but it’s good work, and I’m excited and honoured to be a part of it.”

For more information on the Palliser Triangle Health Advisory Council, visit ahs.ca/advisorycouncils, or email pallisertriangle@ahs.ca.