



Addiction & Mental Health Provincial Advisory Council

Date: Friday December 9th, 2022

Time: 5:00pm – 8:00pm




Date: Saturday December 10th, 2022

Time: 8:00am – 12:00pm

Addiction & Mental Health Provincial Advisory Council					
R	Chantel Walker	<input checked="" type="checkbox"/>	Rhonda Robinson, Vice Chair	<input checked="" type="checkbox"/>	Terry O’Riordan
<input checked="" type="checkbox"/>	Darrin Thompson	<input checked="" type="checkbox"/>	Sandra Badry	<input checked="" type="checkbox"/>	Tyla Savard, Chair
<input checked="" type="checkbox"/>	Ed Brown	<input checked="" type="checkbox"/>	Sandra Sjogren	<input checked="" type="checkbox"/>	Tracy Osterbroek
<input checked="" type="checkbox"/>	Lindy Fors	<input checked="" type="checkbox"/>	Sarthak Singh	<input checked="" type="checkbox"/>	Wally Sinclair
<input checked="" type="checkbox"/>	Nasra Omar	<input checked="" type="checkbox"/>	Sue Blanchard	<input checked="" type="checkbox"/>	Wesley Paterson
AHS Permanent Resource Persons					
<input checked="" type="checkbox"/>	Kerry Bales, Chief Program Officer Provincial Addiction and Mental Health	<input checked="" type="checkbox"/>	Dr Nick Mitchell, Medical Director Provincial Addiction Mental Health		
AHS					
R	Colleen Turner, VP CE & Communications	<input checked="" type="checkbox"/>	Michele Dyson, Program Lead Provincial Addiction and Mental Health		
<input checked="" type="checkbox"/>	Janine Sakatch Community Engagement	<input checked="" type="checkbox"/>	Sara Tomlinson, Director, Provincial Addiction and Mental Health		
<input checked="" type="checkbox"/>	Jennifer Bishop, Executive Director, Mental Health, Provincial Addiction and Mental Health	R	Shelly Vik, Director, Provincial Addiction and Mental Health		
<input checked="" type="checkbox"/>	Shelley Rattray, Senior Communications Advisor Community Engagement	<input checked="" type="checkbox"/>	Marni Bercov, Director, Mental Health & Justice, Provincial Addiction and Mental Health		
<input checked="" type="checkbox"/>	Janet Chafe – Executive Director, AHS, AMH – Calgary Zone	<input checked="" type="checkbox"/>	Steven Clelland, Executive Director, Addiction Medicine, Provincial Addiction and Mental Health		
Guests					
Public					
<input checked="" type="checkbox"/>	Michelle Soto – SOGIE PAC Member				

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	Call to Order at 5:05 <ul style="list-style-type: none"> Welcomed everyone with introductions. Tyla welcomed two new members to the council from the South Zone; Wes Paterson and Tracy Osterbroek. Called the meeting to order Opening prayer by Wally Sinclair 	Tyla Savard
1.	Approval of AMH PAC Draft Agenda – December 9 & 10, 2022	Tyla Savard, AMH PAC All
		Agenda approved by Terry O’Riordan. Seconded by Darrin Thompson
2.	Approval of AMH PAC Draft Meeting Minutes - September 16 & 17, 2022	Terry O’Riordan, AMH PAC All
		Minutes approved as by Ed Brown. Seconded by Rhonda Robinson



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<p>3. Presentations</p> <p>3.1 Calgary Zone AMH and Correctional Health Services Overview/Update</p> <p>Janet Chafe, Executive Director, Calgary Zone AHS – AMH provided an update on the programs and services in the Calgary Zone for AMH and gave an overview of Provincial Correctional Health Services.</p>	<p style="text-align: center;"></p> <p style="text-align: center;">3.1 AMH Calgary Zone & CHS PAC Pres</p>
<p>3.2 Provincial Addiction & Mental Health Update & Request to PAC PAMH Team</p> <p>Kerry and team gave the provincial update. Governance changes, back in October following the bi-election of the premier she announced her new cabinet. Used to be an associate ministry under the health and with the announcement of the new cabinet now there is a Minister of Mental Health and Addiction – Nicholas Milliken. Our AMH team have very close relationship with the new minister of MHA and the ministry office. On November 14, the premier had released the mandate letters and it was all made public. The AMH mandate letter has 11 points, their goals for the fiscal year. The emphasis is around the implementation of the Recovery Oriented Systems of Care. The letter had the representative of the work AHS has been doing with the associate ministry and now will continue working with the standalone ministry. This was also mandated in six other partner ministries, the government is addressing the social determinants of health. We will be doing the review of mental health and addiction system, where the spending is occurring etc, and give the ministry the foundation from AHS perspective. AHS Board was dismissed on November 17, AHS Official Administrator Dr. John Cowell was appointed. Working closely with various ministries and he is working out some action plans to address those priorities within the broader AHS system. Work that we do even though there has been some changes there hasn't been much changes for AMH.</p>	<p style="text-align: center;"></p> <p style="text-align: center;">3.2 PAMH Update AMH PAC Meeting _ L</p>
<p>Presentations (Continued)</p> <p>3.4 AHS Protective Services Overview</p> <p>Eric Lavoy, Executive Director of Protective Health Services provided an overview of AHS Protective Services Teams and its structure. We have two levels of Community Peace Officers, level 1 and level 2. The training platform is the same based on the Alberta Solicitor General requirement. The only difference is their job description and the legislative authorities that they are allowed to for the course of their duties. Level 1 peace officer is at a higher classification are more in the supervisory kind of role and they take on the acting role when the team lead is not available. Eric addressed all the pre-questions that were submitted by the PAC member. Eric will take away the option of having a participant from Protective Services rep to his team for a conversation.</p>	<p style="text-align: center;"></p> <p style="text-align: center;">3.4 AMH Provincial Advisory Council 5DEC</p>
<p>4. Updates & Reports</p> <p>4.1 Report from the AMH PAC Chair</p> <p>Terry in motion for PAC members to go in-camera seconded by Nasra. Council of chair meeting was held in person in Edmonton. Tyla was unable to attend. Janine shared the highlights of the meeting. Dr. John Cowell attended the Council of Chairs meeting. He shared the clarity around his role and he will attend the February meeting. Council of chairs would like to individually whether they are interested to record a short video with Janine to</p>	



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<p>acknowledge staff and thank them. Talked about that AHS is in crisis and failing and that can be further from the truth. AHS was in a good position to handle crisis. He wants to shift the narrative and staff will welcome that. Invite people to connect with Janine to do a 60 second blurb and do a video to share with staff. If interested you can reach out to Janine. Need to elect co-chairs for the council of chairs. Councils thought on doing a video Rhonda wants to participate and so is Tyla. Open to whomever that would like to participate. Flip and email to Janine to book a Zoom meeting.</p>	
<p>4.2 AMH PAC Advisory Councils Engagement</p> <p>Future Opportunities:</p> <p>Nasra Omar update –Brooks is exploring how they can do their own mental health committee. How we can all together and deal with the community and help each other.</p> <p>Wes Paterson update - chairs interagency meeting in the South. CMHA and other agencies are at the table, the meeting is first Monday of each month. Wes shares resources that he received with the interagency group. Expand that group and have a dietician talking about brain to gut health. Valuable session based on income level.</p> <p>Sandy Badry update - working with folks in the Edmonton zone and clinical psychiatrist through the University. They are putting together a form for patients before they meet with their clinicians. Good number of clinicians in the Edmonton area are finding value in it and keeping patients involved in their self-care. Good success rate and will roll out with the rest of the province. Everyone on board with the Edmonton region. Disbanded the working group, three smaller working groups to be formed and will be inter -provincial and will be working in different areas of the province. Information pamphlet is being put together, trying to figure how we get this out to the general public. Patients are steering this and how can we be involved with this and how can we bring to our self-care?</p> <p>Sandra Sjogren update - is a member on the Provincial FACT council and Edmonton hospital planned for south. Also set meeting with MP, conversation with the group of people talking about common theme. Issue of the day is coordination of funding and money is being spent effectively.</p> <p>Terry talked about mental health and stigma in the agricultural community. One out of four people work in agriculture felt hopelessness and primarily among male population. Farmers use twitter more than any other social media. Another presentation on LGBTQ and new comers and refugee and want to connect with larger population. Stigma around sexual orientation. Rainbow refugee program focuses on immigration status and identify. AMH Edmonton zone presented on what he presented at our last meeting. Lots of discussion and concern around the AMH and community crisis and take away is how anecdotal and speculative these conversations have become rather than data driven more deeply understood.</p> <p>Rhonda Robinson update – AHS related on the subcommittee policy preparation advisory not able to attend the first one due to the complex schedule. The group will be meeting quarterly and it is content heavy. Concern come from North Zone around the ID program and suggested related death. Brought up the concern to AHS within 24 hours there was response from AHS around</p>	



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information given to the service provider in terms of moving forward. Rhonda will complete the Conflict of interest form, in regards to the work that is in process of funding from AHS for a program within her work and do not have connection to any of the process. Mentioned that she will remove herself from email and conversation.

For the National Addiction Awareness week we partnered with AHS and invited them they attended a community table recognizing the high rates of addiction in post-secondary students. AHS has trauma informed learning series for the public and staff on the website to and take the 7 modules. Signed up for addictions text alert. Rhonda sits on the Wood buffalo health neighborhood which has sub-committees and Rhonda sits on the AMH committee as a member with lived experience. Sub- committee to hospital to home and have a poster that we want to bring to the hospital which has 5 questions that patients can ask these questions to the health care provider prior to leaving the hospital. Grand Prairie has a health neighborhood, there is a development of one around in Edmonton and all the zones will have it. Rhonda is assist trainer, she would really like to have the suicide stats that you have, and the Centre for suicide prevention have robust amount of resources available for suicide specific population.

Tyla Savard update- connection with the Peace Health advisory council chair to bringing forward variety of ways we are connecting in community. Tyla will be doing a presentation on behalf of this council at the HAC meeting and most likely in spring. Have an Open house booth setup for an event for public to come and learn about to engage with communities. What information they can engage as community and interested to share a booth. Youth initiatives to have connection with youth themselves that are struggling with how we have them bring the conversation. Self Being responsible and self-awareness and how everything is impacting you. Focal points are regards to connection and awareness and more preventative strategy and knowledge of going forward. National addiction awareness week there was so much demand for presentation and with all the different role. Mom stop the harm, more and more peer support group taking place in Alberta, anyone that has lost a love one and has a loved one working on their recovery we have two different support groups. Launched a siblings group and they needed a different connection and other roles and launched a couple men's group. Men stepped forward and facilitated the session. On- line hope for men group and that group is called holding hope and have anyone working on recovery. Joined the Bella consulting group because of the support for AMH and program that we are launching that is called the work program for people who are over 18 and unemployed and join this group and connect with registered psychologist and registered social worker that provide support and have hands on learning and help them getting certificate and the development of the person and supporting them in positive experience for their mental health.

Wally Sinclair update - grieving for myself is challenging given the loss of 2 sisters. Wally is getting the Queen's Jubilee Medal. Invited lots of schools in the area to talk to them. Wisdom council has lots on their agenda.

Member Engagement - members of the council can let Anita and Tyla know if they want to be involved in any working groups, committee and projects.

4.3 Provincial Addiction Practice Counselling



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	<p>Rhonda is a rep on the AMH Addiction Practice Council. There is a concern around the change in regulation happening for the addiction counsellors. Concerns how this will impact the staff? Some concerns with Connect Care there isn't an option to enter the peer to peer professional development in the system. Addiction counsellors are going to use the old system and the new and they will enter them. This is priority and not huge priority and on their radar to make the modification in Connect Care.</p> <p>Lindy Fors update - lots of work in the first nation's community and the lack of services that we have for kids in the mental health area. Communities have suicides over summer and kids showing trauma responses.</p>
	<p>4.4 Provincial Youth Addiction & Mental Health Advisory Council Sarthak provided an update to PAC around the activities of YAMPAC. YAMPAC, it is less formal and they speak on issues we speak at this table. Members are from 18 – 30 years of age and great opportunity to liaise between the two council. In the future Sarthak will have the ability to connect between the two councils, hoping to bring back and share the voices of youth perspective to both councils. If there is any information or important points that people feel is important from the youth perspective the information that can be shared with YAMPAC related to families and children, Sarthak can share the information through Anita and Anita can connect folks to Sarthak. Members are aging out of what is typically moving from the council and we want to connect them to this council. Have some membership changes and possibility for them to sit in this meeting as guest or observers. Rhonda mentioned that she got to meet some of the members of YAMPAC and couple of them where interested and we are hoping if we can develop a position here for such for them that are transitioning out and have their expertise and advise at this table. The age group is from 18 - 30 year old. They speak a lot of self-made initiative and documents they had put together around self-care. Sarthak can bring input from the YAMPAC members and working on making that connection.</p>
5.	<p>Council Business 5.1 Meeting Schedule – April 2023 – March 2023 <i>AMH PAC All</i></p> <p>•</p>
6.	<p>Council Information Sharing\Round Table 6.1 My Volunteer Page 6.2 Mental Health for Health Worker App Do health care people feel if it is helping them? Some apps around if that is the text for help and ties to pre-existing work. More about what that app is and do health care feel if it is helping them. Some apps that helps mental health wellness. We do have information on those initiatives.</p> <p>Shelley Rattray will follow up on the research.</p>
7.	<p>Addiction & Mental Health Provincial Advisory Council Meeting Adjournment at 12:00pm on Saturday Dec 10, 2022</p>
8.	<p>Next Meeting: March 3 & 4, 2023 in Calgary</p>